ATS

OSCAR MOTORIZED TREADMILL USER MANUAL



Special tips:

- 1. Before installation and operation, please read this operation manual carefully.
- 2. Please save this manual for future reference.
- 3. Product may vary slightly from the item pictured due to model upgrades

IMPORTANT SAFETY INSTRUCTIONS

<u>WARNING</u> - Read all instructions before using this treadmill. It is important your treadmill receives regular maintenance to prolong its useful life. Failing to regularly maintain your treadmill may void your warranty.

Danger–To reduce the risk of electric shock disconnect your treadmill from the electrical outlet prior to cleaning and/or service work.

DO NOT USE AN EXTENSION CORD: DO NOT ATTEMPT TO DISABLE THE GROUNDED PLUG BY USING IMPORPER ADAPTERS OR IN ANY WAY MODIFY THE CORD SET.

- 1) Install the treadmill on a flat level surface with access to a suitable voltage, grounded outlet.
- 2) Do not operate treadmill on deeply padded, plush or shag carpet. Damage to both carpet and treadmill may result.
- **3)** Do not block the rear of the treadmill. Provide a minimum of 1 metre clearance between the rear of the treadmill and any fixed object.
- 4) Place your unit on a solid, level surface when in use.
- 5) Never allow children on or near the treadmill.
- 6) When running, make sure the plastic clip is fastened on your clothing. It is for your safety, should you fall or move too far back on the treadmill.
- 7) Keep hands away from all moving parts.
- 8) Never operate the treadmill if it has a damaged cord or plug.
- 9) Keep the cord away from heated surfaces.
- **10)** Do not operate where aerosol spray products are being used or where oxygen is being administered. Sparks from the motor may ignite a highly flammable environment.
- 11) Never drop or insert any object into any openings.
- **12)** To disconnect, turn all controls to the off position, remove the safety key, and then remove the plug from the outlet.
- **13)** The pulse sensors are not medical devices. Various factors, including the user's movement, may affect the accuracy of heart rate readings. The pulse sensors are intended only as exercise aids in determining heart rate trends in general.
- 14) Use handrails provided; they are for your safety.
- **15)** Wear proper shoes. High heels, dress shoes, sandals or bare feet are not suitable for use on your treadmill. Quality athletic shoes are recommended to avoid leg fatigue.
- **16)** Allowed temperature: 5 to 40 degrees.

Remove the safety key after use to prevent unauthorized treadmill operation.

IMPORTANT ELECTRICAL INFORMATION

WARNING!

- **1)** NEVER use a ground fault circuit interrupt (GFCI) wall outlet with this treadmill. Route the power cord away from any moving part of the treadmill including the elevation mechanism and transport wheels.
- 2) NEVER operate treadmill on Generator or UPS power supply.
- 3) NEVER remove any cover without first disconnecting AC power.
- **4)** NEVER expose this treadmill to rain or moisture. This treadmill is not designed for use outdoors, near a pool, or in any other high humidity environment.

IMPORTANT OPERATION INSTRUCTIONS

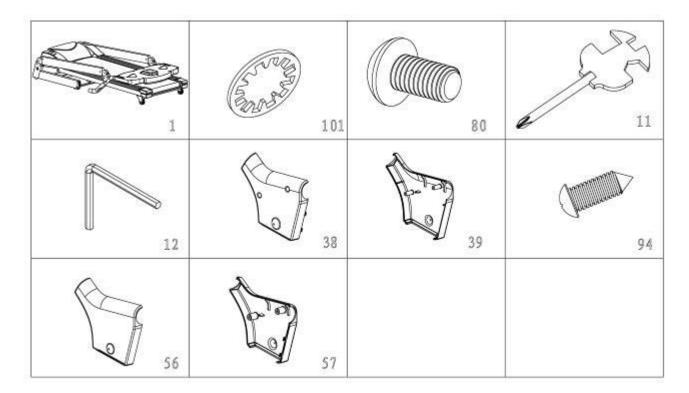
- 1) Insert the power plug into the socket directly.
- 2) Be sure to read the entire manual before operating your machine.
- **3)** Understand that changes in speed and incline do not occur immediately. Set your desired speed on the computer console and release the adjustment key. The computer will obey the command gradually.
- **4)** Use caution while participating in other activities while walking on your treadmill; such as watching television, reading, etc. These distractions may cause you to lose balance or stray from walking in the centre of the belt; which may result in serious injury.
- 5) In order to prevent losing balance and suffering unexpected injury, NEVER mount or dismount the treadmill while the belt is moving. This unit starts with a very low speed. Simply standing on the belt during slow acceleration is proper after you have learned to operate this machine.
- 6) Always hold on to handrail while making control changes.
- **7)** A safety key is provided with this machine. Remove the safety key will stop the walking belt immediately; the treadmill will shut off automatically. Insert the safety key will reset the display.
- 8) Do not use excessive pressure on console control keys. They are precision set to function properly with little finger pressure.
- **9)** This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety, Children should be supervised to ensure that they do not play with the appliance.
- **10)** Please consult your doctor at first before running, if you have one of the following diseases:
 - a. Cardiopathy, hypertension, sugar diabetes, respiratory disease, smoking, and other chronic diseases, complication disease.
 - b.If you are over 35 years old and heavier than common weight.
 - c. Women in pregnant or in breasting period.
- **11)** Please stop exercising immediately and consult your doctor when you feel giddy, surfeit, thorax ache or other symptoms.

12) Please drink adequate water after taking exercises on our treadmill for more than 20 minutes.

Warning: Now here we suggest that you should consult with your physician or health professional before starting your workout, especially for the age up to 35 old or once-health problem people. We take no responsible for any troubles or hurts if you don't following our specification. Treadmill will be carefully assembled and covered the motor shield, then connect to the power.

ASSEMBLY INSTRUCTIONS

When you open the carton, you will find the below spare parts:



SPARE PARTS LIST:

NO.	DES.	Specification	Nos.	NO.	DES.	specification	Nos.
1	main frame		1	101	Lock washer	8	10
11	lock washer	S=13、14、15	1	12	5# Allen Wrench	5mm	1
80	Bolt	M8*10	10	94	Screw	ST4.2*12	4
38	Right handle bar cover L		1	39	Right handlebar cover R		1
56	Left handle bar cover L		1	57	Left handlebar cover R		1

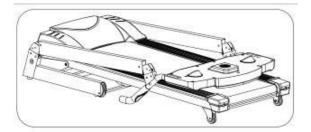
FIXING TOOLS:

5#ALLEN WRENCH 5mm 1pcs、

WRENCH W/SCREW DRIVER S=13、14、15 1pcs

Notice: Do not get through power before complete assembly

ASSEMBLY STEP ONE:



ASSEMBLY STEP TWO:

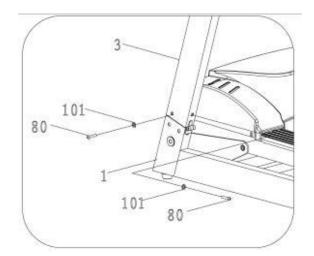


Open the carton, get out the above spare parts, put the MAIN FRAME on the ground.

Pull up the computer and upright as arrow direction.

Notice: When you pull up them, make sure the upright not press the wires in upright; keep touch the upright and computer by hand, that they will not fall down escaping any hurt.

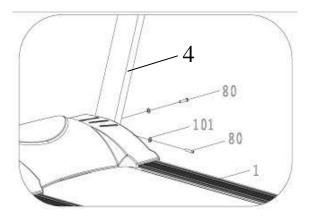
ASSEMBLY STEP THREE:



Use the 5# allen wrench, drill through the bolt (80) to Lock washer(101), then lock the Left upright (3) onto MAIN FRAME (1)

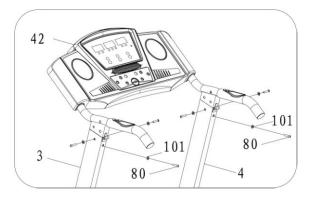
Notice: Support the Left upright with hand, avoid falling down to have any hurt.

ASSEMBLY STEP FOUR:



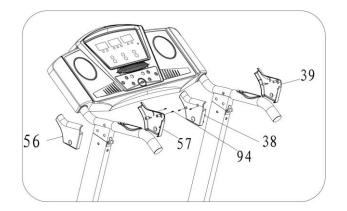
Use the 5# allen wrench, drill through the bolt (80) to Lock washer(101), then lock the Right upright (4) onto MAIN FRAME (1)

ASSEMBLY STEP FIVE:



Use the 5# allen wrench, drill through the bolt (80) to Lock washer(101), then lock the COMPUTER (42) onto R&L upright (3,4).

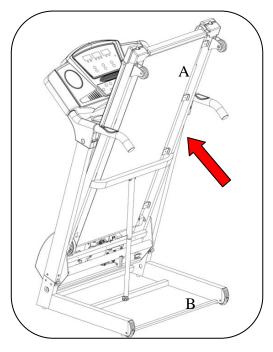
ASSEMBLY STEP SIX:



With ST4.2*12 Screw(94),Insert the UPRIGHT COVER (56、57、38、39) onto the L&R handle bar.

FOLDING INSTRUCTION

PULLING UP:



Support place A with hand, then pull up following the arrow direction, till hearing the sound that the cylinder (B) is locked into the round tube

PULLING DOWN:



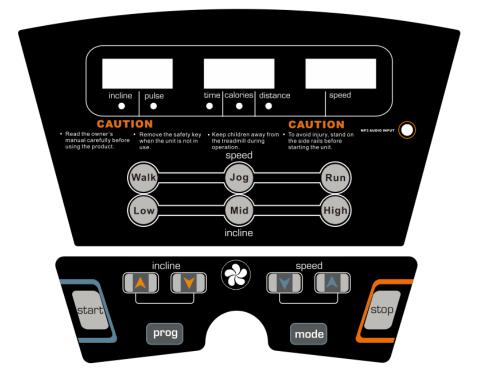
Support place A with hand , kick the place B of air pressure bar, then the base frame will fall down automaticlly

TECHNICAL PARAMETER

BUILT UP SIZE(mm)	1585*715*1315	INCLINE	0-12			
FOLDABLE IZE(mm)	910*715*1470	SPEED RANGE	1.0-16KM/h			
RUNNING SURFACE SIZE(mm)	1250*450					
DISPLAY	SPEED 、TIME、INCLINE、DISTANCE、CALORIES 、 PULSE					

This product must be grounded. If it should malfunction or breakdown, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. This product is equipped with a cord having an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

OPERATION GUIDE



WINDOW DISPLAY:

1. " INCLINE/PULSE" window: Display the runner heart beat and incline. Show the incline, the incline range is 0-12 level; When the runner holds handle pulse with two hands, the system can calculate the runner's heart beat and show in this window, the range is 50-200 beats/min (this data is just for reference, can not be as the medical data).

2. "TIME/CALORIES/DISTANCE" window: Display running time. Display the exercise time positive direction clock from 0: 00-99: 59, when count to 99:59, the machine will stop smoothly and show ' End ', then enter into initial situation after 5 seconds; When count down, it will show from the setting time to 0:00, when down to 0:00, the machine will stop smoothly and show ' End ', and will enter into the initial situation.

Display runner's calories worked out. it will count from 0 to 999, when up to 999, it will count again from 0; when count down, it will count from the setting data to 0, when down to 0, the machine will stop smoothly and show ' End ', and enter into the situation waiting for operation after 5 seconds.

Display the running distance, Display the exercise time positive direction clock from 0: 00-99: 9, when up to 99.9, it will count again from 0; When count down, it will show from setting data to 0; When down to 0, the machine will stop smoothly and show ' End ', enter into the initial situation after 5 seconds.

3." SPEED " window: Display the speed, the speed range is 1--16km/h, 1 grid means 1 km/h.

BUTTON FUNCTION:

1, "PROGRAM" Button : When the treadmill is not running, press the button can circle choose and

setupthe exercise time and program from "0 : 00", " P1-P2-P3-P4-P5-P6-P7-P8-P9-P10-P11-P12-FAT". Manual mode is the default program, the default speed in kilometer is 1KM/H. (0:00 is manual mode, pre-set program :P1-P12)

2、"MODE" Button: Press this button to choose circle modes: "0:00" "15:00"、"1.0"、"50" ("0:

00" is manual model, "15 : 00" is the time count down, "1.0" is distance count down and "50" calorie count down); when you choose every mode, you can press the speed button and incline button to set count, after that , press the START button to start this treadmill.

- 3、 "START" button: when start the power and attach the magnet end of the safety pulling rope to the computer. Press the button at any time, it can start motor.
- 4、 "STOP" button: press this button while running, it can stop motor and set program default;
- 5、"SPEED+"、"SPEED-" Button : set default count; to adjust speed when treadmill start, the scope is 0.1km/hypo in kilometer. Press the button more than 0.5 seconds, will be up or down duratively.
- "INCLINE+"、"INCLINE-" Button: set the default incline; to adjust incline when treadmill start, the scope is 1 section;
- 7. "SPEED: WALK, JOG, RUN" speed shortcut button: set the speed quickly
- 8. "INCL: LOW, MID, HIGH" incline shortcut button: set the incline quickly

START-UP QUICKLY(MANUAL)

- 1. Open the power switch, attach the magnet end of the safety pulling rope to the computer.
- 2. Press STATR/STOP button, the system will enter into 3 seconds count down, the buzzer will make sound and the time window display count down, the speed will run 1.0km/hour after 3 seconds.
- 3. After start-up, you can use "SPEED+" ("SPEED -" to adjust the speed up or down; use

"INCLINE+", "INCLINE -" to adjust the incline up or down.

THE OPERATION OF EXERCISE PROCESS:

1. Press speed-down will reduce the running speed.

- 2. Press speed-up will increase the running speed.
- 3. Press incline down will reduce the incline section.
- 4. Press incline up will increase the incline section.
- 5. Press STOP will reduce until it stopped.

6. When the user hold the hand pulse by both hand, the computer will show the user's pulse data after 5 seconds.

MANUAL MODE:

1. If you do not make any setting and press START button directly, the treadmill will start to run from the speed 1.0km/h, incline 0. The other windows will start to count from positive direction

from windows default, press "SPEED+", "SPEED-" change the speed, press "INCLINE+"、"INCLINE

-"to change the incline;

2. set up the Time, press "MODE" button to enter into time count down, the TIME window will display "15 :00" and glittering. Press "SPEED+", "SPEED-", "INCLINE+"、"INCLINE –" to set up the time what you need. The setting range is 5:00-99:00.

3.In Time setting model, press "MODE " button to enter into distance count down, the DISTANCE window will display "1.0" and glittering. Press "SPEED+", "SPEED-", "INCLINE+"、 "INCLINE –" to set up the distance what you need. The setting range is 0.5—99.9.

4、 To set up the Calories, press "MODE" button to enter into calories count down, the CAL

window will display "50' and glittering. Press "SPEED+", "SPEED-", "INCLINE+", "INCLINE –" to set up the calories what you need. The setting range is 10-999.

5、When setting is finished, press "START" button to start up, the treadmill will run after 3 seconds,

press "SPEED+", "SPEED-", "INCLINE+", "INCLINE –" to adjust the speed and the incline; press the STOP, the treadmill will stop.

MANUAL MODE:

1. If you do not make any setting and press START button directly, the treadmill will start to run from the speed 1.0km/h, incline 0. The other windows will start to count from positive direction from windows default, press "SPEED+", "SPEED-" change the speed, press "INCLINE+", "INCLINE -"to change the incline;

2. set up the Time, press "MODE" button to enter into time count down, the TIME window will display "15 :00" and glittering. Press "SPEED+", "SPEED-", "INCLINE+"、"INCLINE —" to set up the time what you need. The setting range is 5:00-99:00.

3.In Time setting model, press "MODE " button to enter into distance count down, the DISTANCE window will display "1.0" and glittering. Press "SPEED+", "SPEED-", "INCLINE+"、 "INCLINE –" to set up the distance what you need. The setting range is 0.5—99.9.

4. To set up the Calories, press "MODE" button to enter into calories count down, the CAL window will display "50' and glittering. Press "SPEED+", "SPEED-", "INCLINE+", "INCLINE –" to set up the calories what you need. The setting range is 10-999.

5、When setting is finished, press "START" button to start up, the treadmill will run after 3 seconds,

press "SPEED+", "SPEED-", "INCLINE+", "INCLINE –" to adjust the speed and the incline; press the STOP, the treadmill will stop.

INNER INSTALL PROGRAM

Press "PROGRAM" button PULSE window will display P1-P12 to choose the program you like. Setting of running time, then the TIME window display glittering. Display the advance setting time10:00, press "SPEED+", "SPEED-", "INCLINE+", "INCLINE –" to set up the exercise time what you need. Press "START" button to start the inner install program, the inner install program is divided into 10 sect. Each exercise time=the setting time/10. When the system enter into the next sect will make 3 sound "B—B—" and the speed will be changed according to the setting program, then press "SPEED+", "SPEED-", "INCLINE+", "INCLINE –" to change the SPEED and INCLINE, When the program enter next sect will come back to the current speed and incline, and run the one program, the system will make 3 sound "B—B—" and change to the manual program automatically.

PROGRAM EXERCISE CHART

Each program will divide into 10 grades for the exercise time and each time section has the speed and incline accordingly.

Time	Program				T	IME IN	TERV	AL			
	, i o Bi aini	1	2	3	4	5	6	7	8	9	10
P1	SPEED	2	4	3	4	3	5	4	2	5	3
P1	INCLINE	1	2	3	3	1	2	2	3	2	2
D 2	SPEED	2	5	4	6	4	6	4	2	4	2
P2	INCLINE	1	2	3	3	2	2	3	4	2	2
Р3	SPEED	2	5	4	5	4	5	4	2	3	2
гJ	INCLINE	1	2	2	3	1	2	2	2	2	1
P4	SPEED	3	6	7	5	8	5	9	6	4	3
F4	INCLINE	2	2	3	3	2	2	4	6	2	2
P5	SPEED	3	6	7	5	8	6	7	6	4	3
РЭ	INCLINE	1	2	4	3	2	2	4	5	2	1
P6	SPEED	2	8	6	4	5	9	7	5	4	3
PU	INCLINE	2	2	6	2	3	4	2	2	2	1
P7	SPEED	2	6	7	4	4	7	4	2	4	2
F7	INCLINE	4	5	6	6	9	9	10	12	6	3
P8	SPEED	2	4	6	8	7	8	6	2	3	2
FO	INCLINE	3	5	4	4	3	4	4	3	3	2
Р9	SPEED	2	4	5	5	6	5	6	3	3	2
F 5	INCLINE	3	5	3	4	2	3	4	2	3	2
P10	SPEED	2	3	5	3	3	5	3	6	3	3
F 10	INCLINE	4	4	3	6	7	8	8	6	3	3
P11	SPEED	2	5	8	10	6	9	5	3	2	2
L T T	INCLINE	1	3	5	8	10	7	6	3	2	3
P12	SPEED	2	5	5	4	4	6	4	2	3	4
F 12	INCLINE	3	5	6	7	12	9	11	11	6	3

RANGE OF PROGRAM

	PROGRAM	BEGIN	SET UP RANGE	DISPLAY RANGE
TIME(MIN:SECOND)	0:00	15:00	5:00-99:00	0:00 - 99:59
INCLINE(LEVEL)	0	0	0-12	0-12
SPEED(K/h)	1.0	1.0	1.0-16	1.0-16
DISTANCE(K)	0	1.0	0.5-99.9	0.00 - 99.9
PULSE(hypo/min)	Р	N/A	N/A	50-200
CALORIE(THERM)	0	50	10-999	0 - 999

BODY TESTER:

At the beginning stage, press "PROGRAM" continuely to select FAT "MODE "enter F-1, F-2, F-3,

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F-4、F-5 (F-1 SEX, F-2 AGE, F-3 HEIGHT, F-4 WEIGHT, F-5 BODY FAT ),
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Press "SPEED+"、"SPEED -" to set F-1 – F4 (refer to the following chart), after that, press "MODE"

to set F-5, grasp the hand pulse, the window will display your body quality index after 3 senconds. The body quality index is to test the relation between height and weight. The body FAT suits for any male and female, to adjust the weight according it together with other body quality index. The idea FAT should be 20-25, if under 19, it means too thin. If between 25 and 29, it means overweight, if over 30, it means obesity. (The data is just for reference, can not be as medicinal data)

F-1	Sex	01 male	02 female		
F-2	Age	1099			
F-3	Height	100200			
F-4	Weight	20150			
	FAT	≤19	Underweight		
F-5	FAT	=(2025)	Normalweight		
	FAT	=(2629)	Overweight		

SAFETY LOCK FUNCTION:

Pull out the safety pulling rope, then the treadmill will stop immediately. All the windows display"———", the buzzer will make 3 sound "B—B—", now the treadmill must be stop. Attach the magnet end of the safety pulling rope to the computer, the treadmill will be at the beginning of running.

SAVE ON POWER FUNCTION:

The system is with saving on power function, at the state of waiting for operation, if without any operate, the saving on power function will be available after 10 mins, the display will be closed up. You can press any button to wake up the display.

MP3 FUNCTION

When the power on, Contacting the external MP3 equipment, the computer will play. The voice is adjustable from operate the external MP3 equipment, the voice should be adjusted on the proper section to protect the computer loudhailer.

POWER OFF:

Colse up the power: You can close up the power to stop the treadmill, it won't be damaged at any time.

CAUTION:

- 1. We recommend that you maintain a slow speed at the beginning of a session and hold on to the handrails until you become comfortable and familiar with the treadmill.
- 2. Attach the magnet end of the safety pulling rope to the computer and also attach the clip of the safety pulling rope to your clothing.
- 3. To end your workout safely, press the STOP button or pull out the safety pulling rope, then the treadmill will stop immediately.

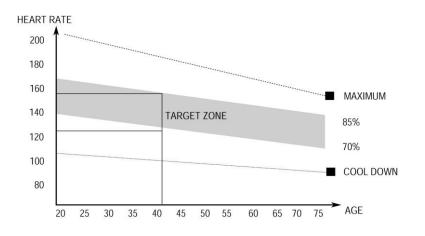
EXERCISE INSTRUCTIONS

1. The Warm Up Phase

This stage helps get the blood flowing around the body and the muscles working properly. It will also reduce the risk of cramp and muscle injury. It is advisable to do a few stretching exercises as shown below. Each stretch should be held for approximately 30 seconds, do not force or jerk your muscles into a stretch - if it hurts, **STOP.**

2. The Exercise Phase

This is the stage where you put the effort in. After regular use , the muscles in your legs will become Stronger. Work to your but it is very important to maintain a steady tempo throughout. The rate of work should be sufficient to raise your heart beat into the target zone shown on the graph below.



This stage should last for a minimum of 12 minutes though most people start at about 15-20 minutes

3. <u>The Cool Down Phase</u>

This stage is to let your Cardio-vascular System and muscles wind down. This is a repeat of the warm up exercise e.g. reduce your tempo, continue for approximately 5 minutes. The stretching exercises should now be repeated, again remembering not to force or jerk your muscles into the stretch.

As you get fitter you may need to train longer and harder. It is advisable to train at least three

times a week, and if possible space your workouts evenly throughout the week.

To tone muscle while on your Treadmill you will need to have the resistance set quite high. This will put more strain on our leg muscles and may mean you cannot train for as long as you would like. If you are also trying to improve your fitness you need to alter your training program. You should train as normal during the warm up and cool down phases, but towards the end of the exercise phase you should increase resistance, making your legs work harden than normal. You may have to reduce your speed to keep your heart rate in the target zone.

The important factor here is the amount of effort you put in. The harder and longer you work the more calories you will burn. Effectively this is the same as if you were training to improve your fitness, the difference is the goal.

MAINTENANCE INSTRUCTIONS

WALKING BELT CENTERING AND TENSION ADJUSTMENT

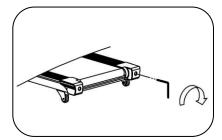
DO NOT OVERTIGHTEN the walking belt. This may cause reduced motor performance and excessive roller wear.

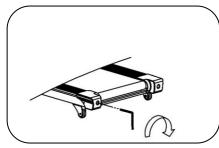
TO CENTER WALKING BELT:

- Place treadmill on a level surface
- Run treadmill at approximately 3.5 mph

• If the belt has drifted to the right, turn the right adjusting bolt 1/2 turn clockwise and the left adjusting bolt 1/2 turn counterclockwise

• If the belt has drifted to the left, turn the left adjusting bolt 1/2 turn clockwise and the right adjusting bolt 1/2 turn clockwise and the right adjusting bolt 1/2 turn counterclockwise





Picture A If the belts has drifted to the RIGHT

Picture B If the belts has drifted to the LEFT

WARNING: ALWAYS UNPLUG THE TREADMILL FROM THE ELECTRICAL OUTLET BEFORE CLEANING OR SERVICING THE UNIT.

CLEANING

General cleaning or the unit will greatly prolong the treadmill.Keep treadmill clean by dusting regularly. Be sure to clean the exposed part of the deck on either side of the walking belt and also the side rails. This reduces the build up of foreign material underneath the walking belt.

The top of the belt may be cleaned with a wet, soapy cloth. Be careful to keep liquid away from

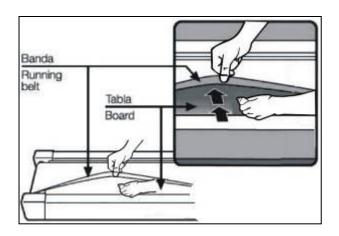
inside the motorized treadmill frame or from underneath the belt. **Warning:** Always unplug the treadmill from the electrical outlet before removing the motor cover. At least once a year remove the motor cover and vacuum under the motor cover.

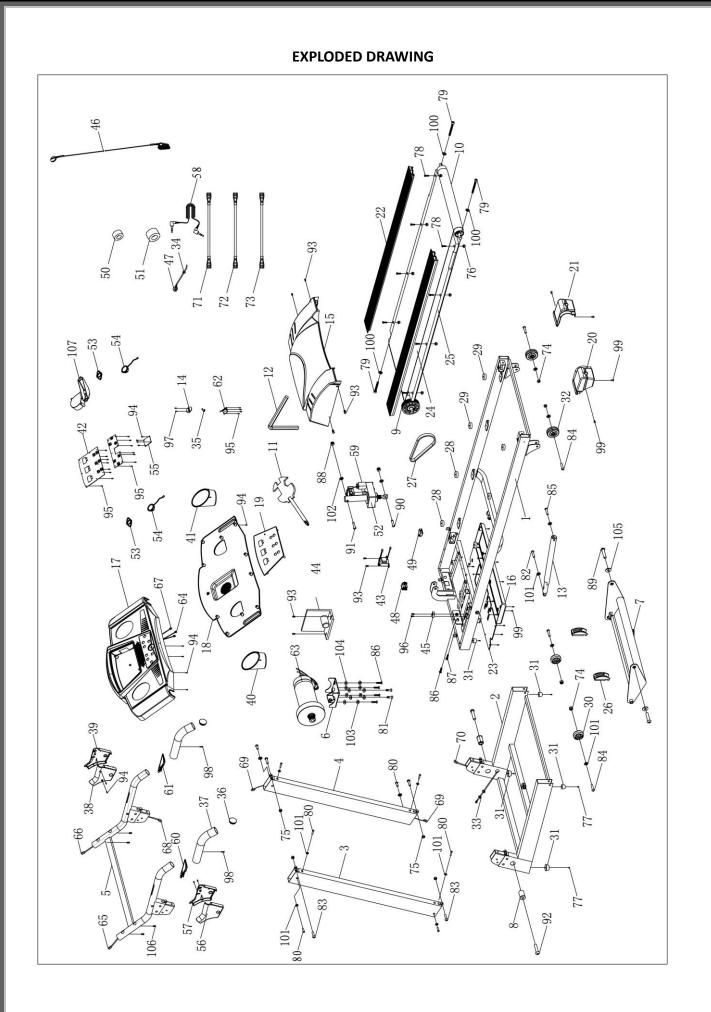
WALKING BELT AND DECK LUBRICATION

This treadmill is equipped with a pre-lubricated, low maintenance deck system. The belt/ deck friction may play a major role in the function and life of your treadmill, thus requiring periodic lubrication. We recommend a periodic inspection of the deck.

We recommend lubrication of the deck according to the following timetable:

- Light user (less than 3 hours/ week)
- every three weeks
- Medium user (3-5 hours/ week)
- every two weeks every week
- Heavy user (more than 5 hours/ week)





PARTS LIST:

#.	DESCRIPTION	REMARK	QTY	#.	DESCRIPTION	REMARK	QTY
					LEFT HANDLEBAR		
1	MAIN FRAME		1	38	COVER L		1
					LEFT HANDLEBAR		
2	BASE FRAME		1	39	COVER R		1
					LEFT BOTTLE		
3	LEFT UPRIGHT		1	40	BRACKET		1
					RIGHT BOTTLE		
4	RIGHT UPRIGHT		1	41	BRACKET		1
5	COMPUTER BRACKET		1	42	COMPUTER		1
6	MOTOR BRACKET		1	43	TRANSFORMER		1
	INCLINE MOTOR						
7	BRACKET		1	44	CONTROL BOARD		1
8	TURNING BUSHING		2	45	MAGNETIC SENSOR		1
9	FRONT ROLLER		1	46	SAFETY KEY		1
10	REAR ROLLER		1	47	POWER WIRE		1
	WRENCH W/SCREW						
11	DRIVER	S=13、14、15	1	48	SQUARE SWITCH		1
					OVERLOAD		
12	5#ALLEN WRENCH	5mm	1	49	PROTECTER		1
13	CYLINDER		1	50	MAGNETIC CORE		1
14	SAFETY KEY IRON SLIP		1	51	MAGNETIC RING		1
15	MOTOR TOP COVER		1	52	INCLINE MOTOR		1
					SPEAKER PLASTIC		
16	MOTOR BOTTOM COVER		1	53	BOARD	(OPTIONAL)	2
17	COMPUTER TOP COVER		1	54	SPEAKER	(OPTIONAL)	2
	COMPUTER BOTTOM						
18	COVER		1	55	AMPLIFIER BOARD	(OPTIONAL)	1
					RIGHT HANDLEBAR		
19	COMPUTER PANEL		1	56	COVER L		1
					RIGHT HANDLEBAR		
20	LEFT BACK COVER		1	57	COVER R		1
21	RIGHT BACK COVER		1	58	MP3 CONNECT WIRE	(OPTIONAL)	1
22	SIDE RAIL		2	59	FAN	(OPTIONAL)	1
23	BOTTOM COVER BOARD		1	60	PULSE WITH INCLINE		1
24	RUNNING BELT		1	61	PULSE WITH SPEED		1
25	RUNNING BOARD		1	62	SWITCH BOARD		1
L	<u> </u>	1	I	1	1		·

26	WHEEL COVER		2	63	DC MOTOR		1
27	MOTOR BELT		1	64	PULSE UP WIRE		1
	BLUE CUSHION PAD				PULE WITH SWITCH		
28	BLOE COSITION I AD		4	65	UP WIRE		1
	BLACK CUSHION PAD				PULSE SPEED UP		
29	BLACK COSTIION FAD		4	66	WIRE		1
					COMPUTER UP WIRE		
30	TRANSPORT WHEEL		2	67	1		1
31	FOOT PAD		6	68	COMPUTER UP WIRE		1
					COMPUTER MIDDLE		
32	ADJUSTABLE WHEEL		2	69	WIRE		1
	RING PROTECTING WIRE				COMPUTER		
33	PLUG		2	70	BOTTOM WIRE		1
34	POWER WIRE BUCKLE		1	71	AC SINGLE LINE	BROWN 150	1
35	SAFETY KEY SPRING BALL		1	72	AC SINGLE LINE	BLUE 150	1
36	INNER END CAP		2	73	AC SINGLE LINE	BROWN 150	1
37	FOAM		2	74	LOCK NUT	M8	6
			1				
75	WELDING LOCK NUT	M8	4	97	SCREW	ST2.9*8	2
76	LOCK NUT	M6	8	98	SCREW	ST4.0*25	2
						ST4.2*12	
			C	00	CODENN	(OPTIONAL)	10
77	BOLT	M5*16	6	99	SCREW	· ,	18
78	BOLT	M6*35	8	100		6	3
79	BOLT	M6*55	3	101	LOCK WASHER	8	16
80	BOLT	M8*10	10	102	LOCK WASHER	10	2
81	BOLT	M8*25 L15	2	103	SPRING WASHER	8	6
82	BOLT	M8*30 L15	1	104	FLAT WASHER	8	7
83	BOLT	M8*32 L15	4	105	FLAT WASHER	10	2
84	BOLT	M8*40 L20	4	106	BOLT	M6*15	4
85	BOLT	M8*42 L20	1	107	FAN	(OPTIONAL)	1
86	BOLT	M8*30	5				
87	BOLT	M8*35	1				
88	LOCK NUT	M10	2				
89	BOLT	M10*20 L15	2				
90	BOLT	M10*30 L15	1				
91	BOLT	M10*50 L20	1				
92	BOLT	M10*55	2				
93	BOLT	M5*8	9				
94	SCREW	ST4.2*12	21				
95	SCREW	ST2.9*6.5	19				
96	SCREW	ST2.9*8	2				
50		512.5 0	۲	1			

TROUBLESHOOTING GUIDE

1. Probable reason for computer not workable after power start: The wire from computer to bottom control board didn't connected well or the transformer was burnt out. Check the each wire from computer to control board, make sure they are connected well. If the wire is destroyed, change it. If the above can not settle the problem, try to change a good transformer.

2、E01: Message failure. Probable reason: The wires from computer and bottom control board didn't connect well, please check each wire. If the wire was destroyed, change a good one.

3、E02: Burst clash. Check the power is right, if not, use correct power to test; Check if the bottom control was burnt out, change a good one; reconnect the motor wire.

4、E03: No sensor signal. Sensor wire badness, change good wire; It is no use for the motor magnetic, change the magnetic or reset the magnetic;

5.E04: Incline learning defeated, Check VR wire of incline motor whether connect well. If not, reconnect VR to make it firm; Check AC wire of motor whether connect well, and AC wire of motor whether insert well with correct sign of control board; Check connection line of motor whether is destroyed, exchange it or incline motor. And press "learning" botton of bottom control board to relearn after checked everything is well.

6. E05: Current overload protecting. Over rated loaded or the motor is stuck, cause excessive current, machine will start self-protecting system. Adjust the machine and restart; Check if the motor has noise from motor or if the motor / bottom control board were burnt out, if burnt out, change good motor and bottom control; Use right voltage.

7、 If the motor can not work after pressing START button, the probable reason: the motor wire is

broken; the safety pipe is broken or fell; motor wire is not conneted well; IGBT on bottom control board is burnt out. Test the above reasons and change the relevant part.