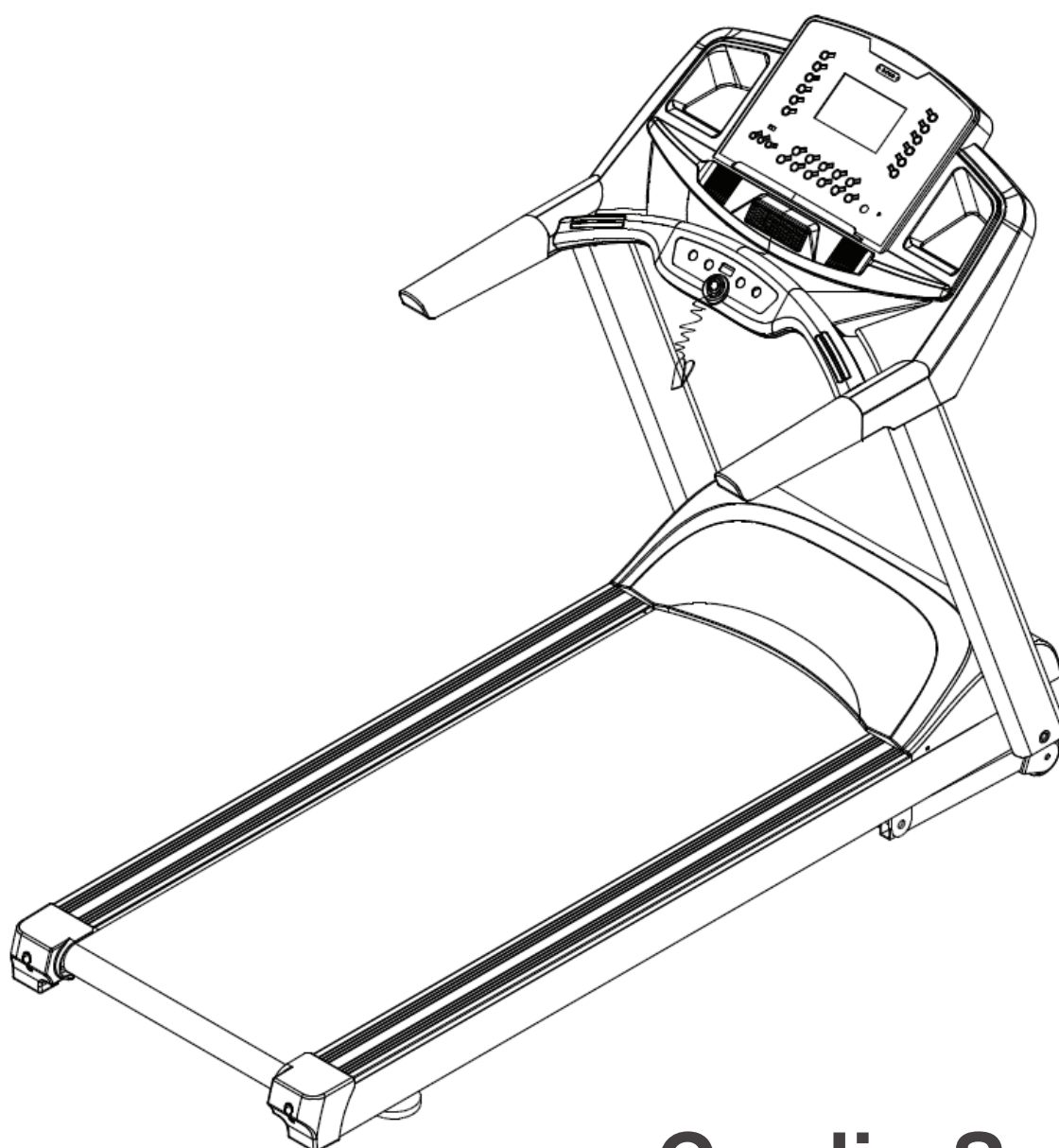




hattrick-pro

3300 COMMERCIAL TREADMILL



Cardio Series

User Manual

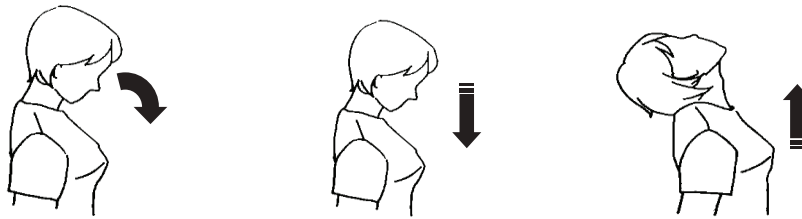
English

SAFETY GUIDELINES:

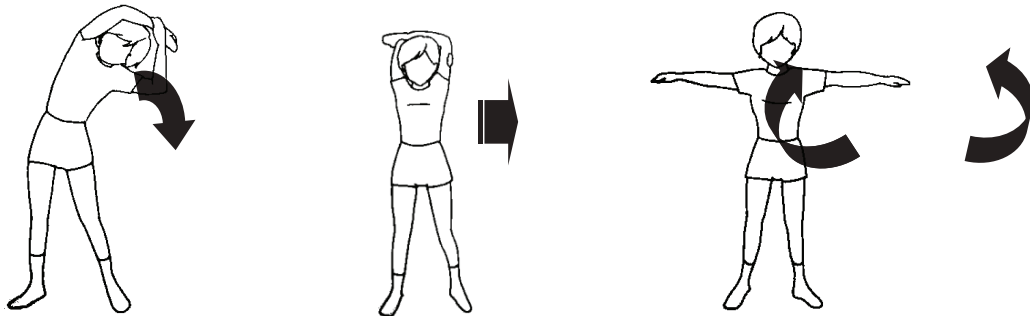
Before beginning any exercise program, you should consult with your doctor. It is recommended that you undergo a complete physical examination. Please follow the instructions:

1. Assemble and operate the treadmill on a solid, level surface
2. Keep the area behind the treadmill clear
3. The treadmill running mat will not stop immediately if any object becomes caught in the mat or rollers-IN EMERGENCY: Pull the safety key cord to remove safety key
4. Always check the treadmill before using it
5. Make sure all parts are assembled, nuts and bolts are tightened
6. Do not use the treadmill if the unit is disassembled in any way
7. When connecting the power cord, plug the power cord into a grounded circuit. No other appliance should be on the same circuit. Do not run the power cord underneath your treadmill. Do not operate the treadmill with a damaged or frayed power cord.
8. Keep hands away from moving parts
9. Please note that there is a weight limitation for this product. If your weight more than 170 kgs. It is not recommended that you use this product. Serious injury may occur if the user weight exceeds the limit shown here. This product is not intended to support users whose weight exceeds this limit.
10. This equipment is for home use only. Never allow more than one person on the treadmill at a time.
11. Wear appropriate exercise clothing when using the treadmill. Do not wear loose clothing that could become caught in the treadmill. Athletic support clothes are recommended for both men and women. Always wear athletic shoes. Never use the treadmill with bare feet, wearing only stockings, or in sandals. Do not wear shoes with leather soles or high heels. Tie all long hair back
12. Do not rock the unit from side to side
13. Don't continuously use this equipment over an hour.
14. Care should be taken when mounting and dismounting the unit
15. Do not place any liquids on any part of the treadmill
16. To prevent shock, keep all electric components, such as the motor cord and switch away from water.
17. Do not use any accessories that are not specifically recommended by the manufacturer, these might cause injuries or cause the unit to fail
18. Work within your recommended exercise level, do NOT work to exhaustion
19. If you feel any pain or abnormal systems STOP YOUR WORKOUT IMMEDIATELY and consult your physician immediately
20. Turn off the treadmill while adjusting or working near the rear roller.
21. Keep one side of the magnetic safe key CLIPPING your clothes during exercising to avoid danger happening.
22. Incorrect or excessive training may lead injures.
23. This equipment is not suitable for therapeutic purposes.
24. Don't open this equipment cover to avoid damage usually.
25. Ensure the load place is level and free space at least 1m around for safe operation.
26. This equipment is not a toy. Please keep unsupervised children away from the equipment during use and when equipment is unattended.
27. Motor Power: Continue AC4 HP/Peak AC6 HP.

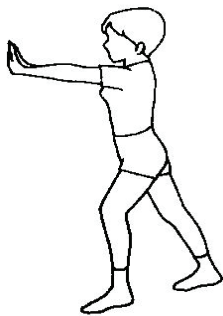
Thanks for buying our Fitness equipment,
Do some warm-up exercise before use, you'll get twice the result with half the effort. Such as follows:



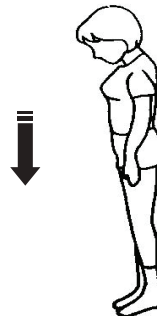
extend the neck up and down



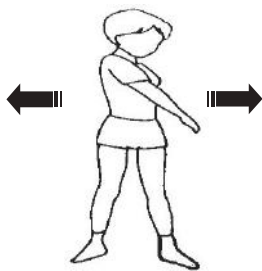
twist the waist left and right



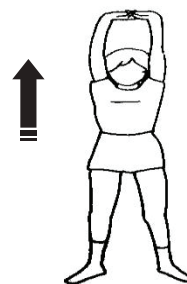
level push forwards



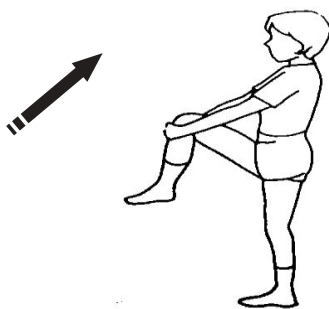
upright straighten one's back



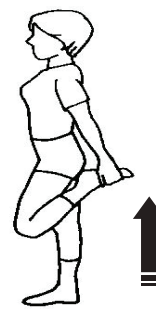
left and right poise exercise



up and down extend exercise

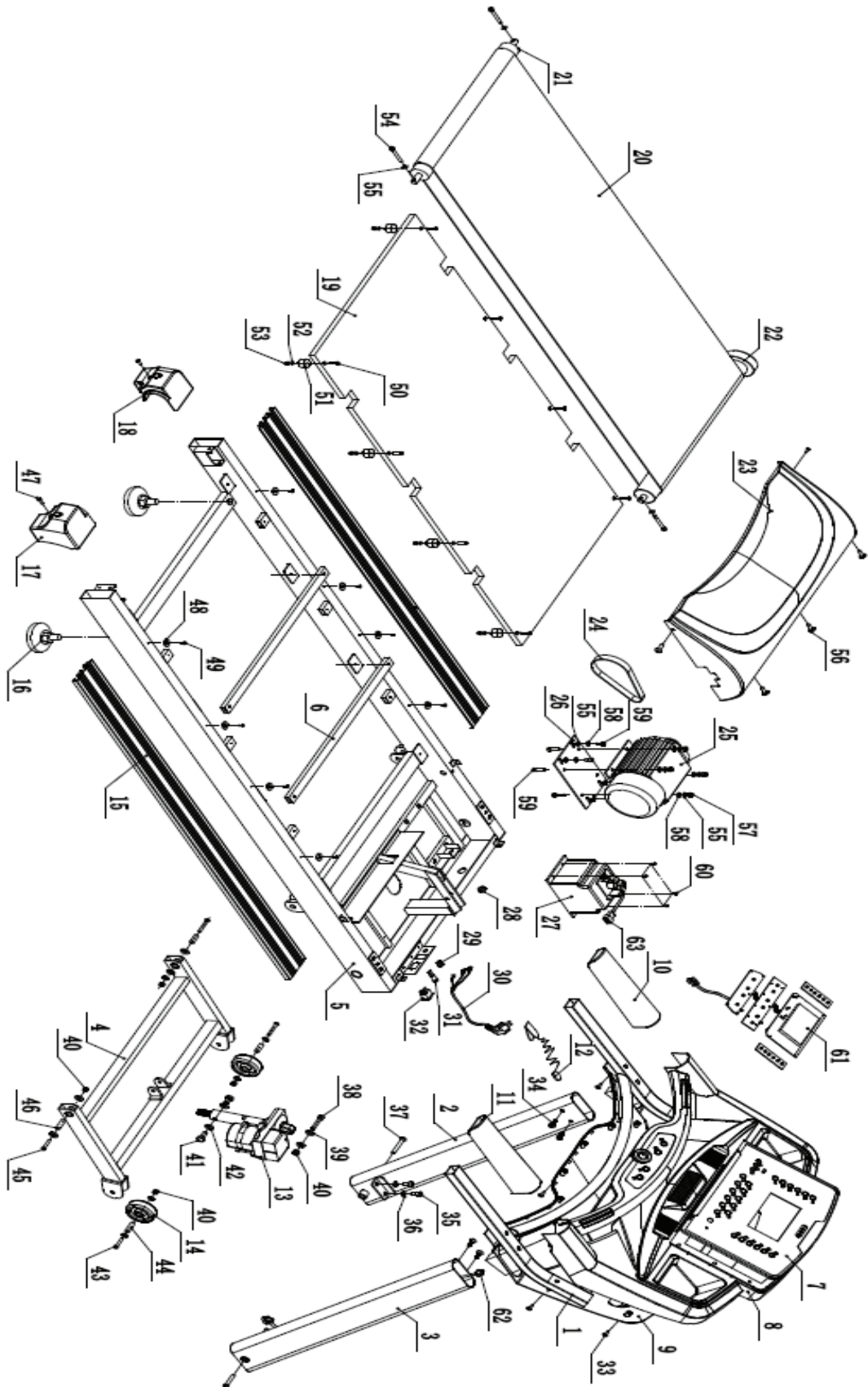


thigh extend exercise



calf extend exercise

EXPLORE DRAWING



PARTS LIST

PART NO	PART NAME	Q'TY
1	Frame of computer	1
2	Left upright	1
3	Right upright	1
4	Incline frame	1
5	Running platform	1
6	Running deck support tube	2
7	Computer top cover	1
8	Computer panel board	1
9	Computer belly pan	1
10	Left handlebar	1
11	Right handlebar	1
12	Safety Key	1
13	Incline motor	1
14	Moving wheel	2
15	Side rail	2
16	Rubber cushion of running platform	2
17	Right end cap	1
18	Left end cap	1
19	Running deck	1
20	Running belt	1
21	Rear roller	1
22	Front roller with fly wheel	1
23	Motor cover	1
24	Motor belt	1
25	Motor	1
26	Fixed board of motor	1
27	Inverter	1
28	Tube plug	1
29	Cushion of power cord	1
30	Power cord	1
31	Fuse	1
32	Power switch	1
33	4.2*15Screw	21
34	M8*20 Allen head bolt	4
35	M10*20 Allen head bolt	4
36	Φ10 Washer	12

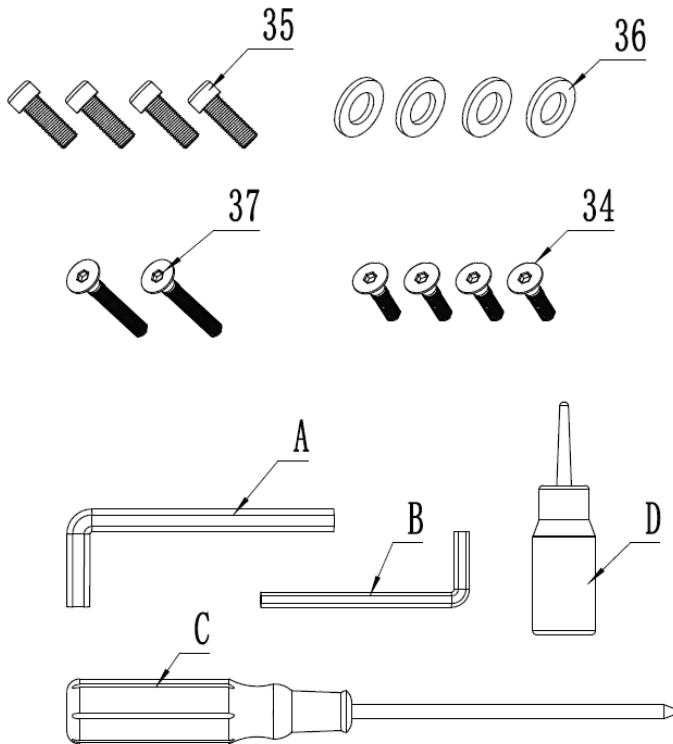
PARTS LIST

37	M10*70 Allen head bolt	2
38	M10*50 Allen head bolt	1
39	Ø10 Plastic washer	2
40	M10 Nylon nut	6
41	M10*15 Allen head bolt	2
42	Ø12 Plastic washer	2
43	M10*55 Allen head bolt	2
44	Φ16*42 Connecting shaft sleeve	2
45	M10*50 Allen head bolt	2
46	Φ16*45 Connecting shaft sleeve	2
47	ST4.2*20 Screw	2
48	Side rail cushion	8
49	ST4.2*15 Screw	14
50	M6*25 Screw	8
51	Buffered cushion of running deck	8
52	M6 Big washer	8
53	M6 Nylon nut	8
54	M8*85 Allen head bolt	3
55	Ø8 Washer	11
56	ST4.8*15 Screw	5
57	M8 Nylon nut	4
58	Ø8 Spring washer	8
59	M8*20mm Allen head bolt	8
60	ST4.2*12 Screw	4
61	Computer display	1
62	Control wire of computer	1
63	Control wire of upright	1
64	Control wire of Base frame	1

Hardware comparison chart

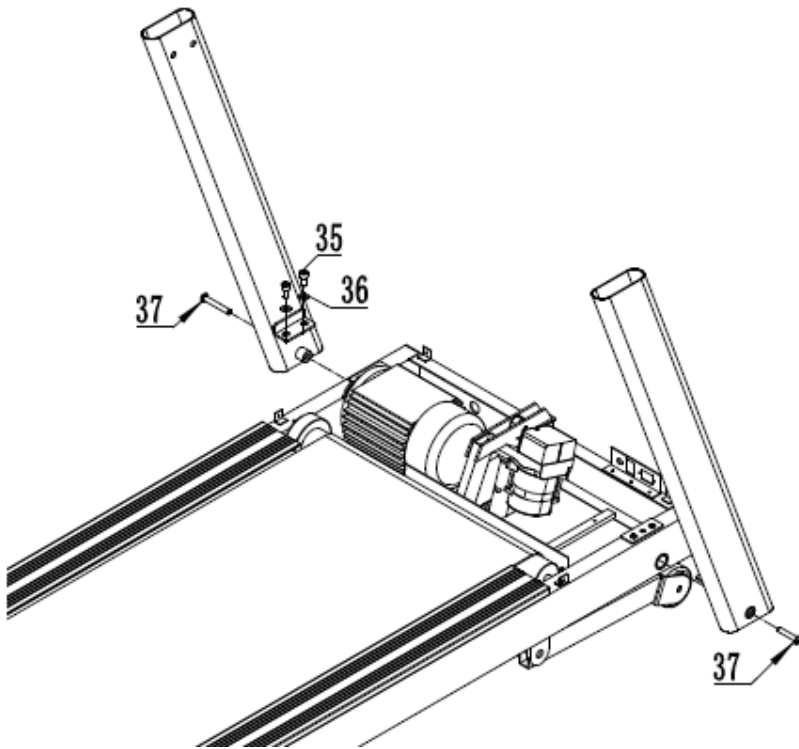
For your convenience, we have identified the hardware used in the assembly of this product. The chart below is provided to help you to identify items that may be unfamiliar to you.

NO.	DESCRIPTION	Q'TY
34	M8*20 Allen head bolt	4
35	M10*20 Allen head bolt	4
36	Φ10 Washer	12
37	M10*70 Allen head bolt	2
A	6mm SOCKET HEAD WRENCH	1
B	5mm SOCKET HEAD WRENCH	1
C	SCREWDRIVER	1
D	LUBRICANT	1



ASSEMBLING INSTRUCTIONS

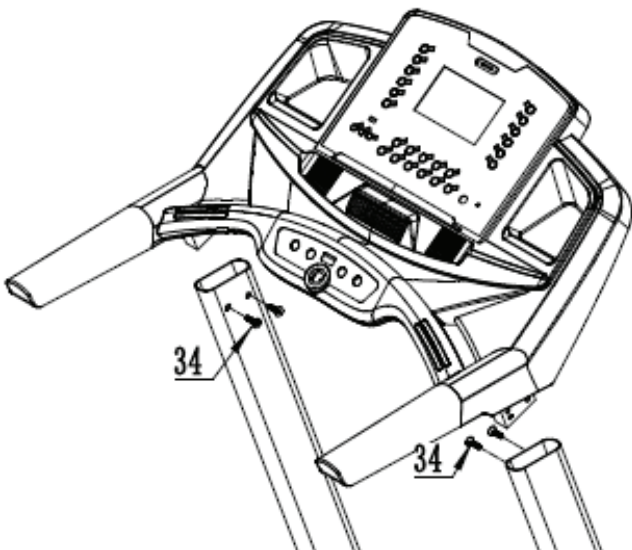
WARNING: Please put on all the screws, washers and bolts then tighten them.



STEP 1:

First make sure to connect control wire of upright 63.

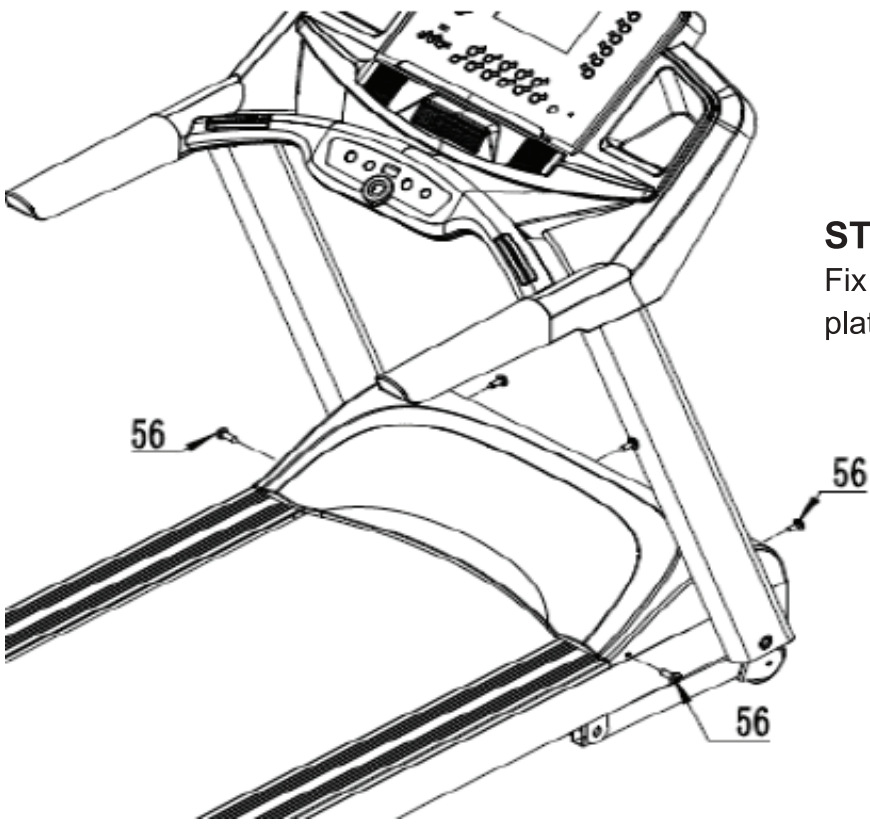
Then attach the uprights 2&3 to the Running platform 5 with M10*20 Allen head bolt 35, Φ 10 washer 36 and M10*70 Allen head bolt 37.



STEP 2:

First make sure to connect Control wire of computer 62.

Then attach the computer to the uprights 2&3 with M8*20 Allen head bolt 34.



STEP 3:
Fix the Motor cover23 to the Running platform with ST4.8 * 15 Screw 56.

COMPUTER OPERATION

Panel layout



The Operation

The required main power is 220~240VAC.

WINDOW DISPLAY

TIME WINDOW

Display the running time value in waiting mode or program mode

Time countdown mode displays spare time value.

After entering the setting of mode, it will display the setting value.

When there is error message, it will display the code of error message.

DISTANCE WINDOW

Display the distance value in waiting mode or program mode.

Entering the manual mode, program mode and the user mode, it will display setting mode,

Distance countdown mode displays setting distance value.

CALORIE WINDOW

In the manual mode and program mode, it will display calories value.

Calorie countdown mode displays calorie value.

Entering the manual mode, program mode and the user mode, it will display calorie value.

SPEED WINDOW

It will display the actually speed value.

Entering the manual mode, program mode and user mode, it will display the setting speed value.

INCLINE WINDOW

It will display the actually incline value.

Entering the manual mode, program mode and the user mode, it will display the setting incline value.

BODY FAT MODE DISPLAY

Entering body fat mode, SEX window display MALE or FEMALE.

Height window, Age window, Weight window display setting height, age and weight.

BODY FAT SCALE window display body fat value.

PROGRAM MODE DISPLAY

Entering program mode, display program number (P1-P23).

Display setting value of program.

USER MODE DISPLAY

Entering User mode, display User program number (U1-U3).

Display setting value of User program.

KEY PRESS & FUNCTION

SPEED+: press this key to increase speed value. When setting time, distance, calorie, height, weight and age, press this key to increase the setting value

SPEED-: press this key to decrease speed value. When setting time, distance, calorie, height, weight and age, press this key to decrease the setting value

INCLINE+: Increase the incline value; When setting time, distance, calorie, height, weight and age, press this key to increase the setting value.

INCLINE-: Decrease the incline value; When setting time, distance, calorie, height, weight and age, press this key to decrease the setting value.

MODE: press this key to select time countdown, distance countdown, calorie countdown, body fat, p1-p23 and U-1- U-4, HRC1-HRC2.

START/STOP: start/stop treadmill. Press this key once, the treadmill start to run. During the running, press this key once, the treadmill will stop.

SHORT CUT KEY OF INCLINE: 2、5、7、9、12、15

SHORT CUT KEY OF SPEED: 3、6、9、12、15、18

BODY FAT: press this key to into body fat mode

ENTER: press this key into the next setting value in user and body fat

FAN: FAN ON/OFF.

AUDIO: USB ON/OFF

OPERATION INSTRUCTION

Power on, computer with a long sound, into waiting mode in 1second later

WAITING MODE

The initial value of time, distance and calorie is 0 in waiting mode. the initial speed value 1km/h. Display manual, Others have no display.

Press START/STOP key to start treadmill, Time window will count down display 3,2,1, There is a short sound at the same time, Computer is timing, the initial speed value 1km/h.

Press speed+/speed-key to increase or decrease speed value 0.1KM/H, Press shortcut key of speed can adjust speed value quickly.

Press INCLINE+/INCLINE- key to increase or decrease incline value 1%.

Press START/STOP key again, Treadmill will stop slowly, there is beep when treadmill stop.

COUNTDOWN MODE

There are 3 countdown programs: Time countdown, Distance countdown, Calories countdown, Press START/STOP key to start treadmill, It will count down on the base of user's setting value. When the setting value is 0, treadmill will stop slowly.

When treadmill is starting, you can adjust speed freely.

FIX PROGRAM MODE

There are 23 PCS fixed program, there are 10 segments, there are speed value in every segment, User can select suitable program according to their amount of exercise by themselves. Press SPEED+/SPEED- or INCLINE+/INCLINE- key to set time, then press START/STOP to start treadmill, When time is 0, treadmill will stop slowly.

Program table

P1

SEGMENT	1	2	3	4	5	6	7	8	9	10
SPEED	1	2	2	2.5	3	4	4	5	4	2
INCLINE	1	1	1	1	1	1	1	1	1	1

P2

SEGMENT	1	2	3	4	5	6	7	8	9	10
SPEED	1	1	2.5	2	3	5	4	5	4	2
INCLINE	2	2	3	5	4	6	3	3	3	1

P3

SEGMENT	1	2	3	4	5	6	7	8	9	10
SPEED	1	1	2	3	5	6	4	4	3	2
INCLINE	2	3	5	6	7	6	5	5	3	2

P4

SEGMENT	1	2	3	4	5	6	7	8	9	10
SPEED	1	1	2	2	4	4	6	3	4	2
INCLINE	1	3	5	4	7	6	3	5	3	1

P5

SEGMENT	1	2	3	4	5	6	7	8	9	10
SPEED	1	2	4	6	8	5	4	4	3	2
INCLINE	2	3	5	4	4	6	5	7	3	1

P6

SEGMENT	1	2	3	4	5	6	7	8	9	10
SPEED	1	3	5	7	9	6	5	5	4	1
INCLINE	2	2	5	6	4	6	5	4	3	2

P7

SEGMENT	1	2	3	4	5	6	7	8	9	10
SPEED	2	4	5	7	7	7	6	5	4	1
INCLINE	1	1	3	4	3	6	5	6	3	1

P8

SEGMENT	1	2	3	4	5	6	7	8	9	10
SPEED	2	4	6	8	10	10	8	6	4	2
INCLINE	1	3	3	6	6	8	5	5	4	1

P9

SEGMENT	1	2	3	4	5	6	7	8	9	10
SPEED	2	3	4	6	8	7	5	4	4	2
INCLINE	2	4	6	4	6	6	5	5	2	1

P10

SEGMENT	1	2	3	4	5	6	7	8	9	10
SPEED	2	1	5	5	7	7	8	5	4	1
INCLINE	3	4	3	6	6	6	5	3	3	1

P11

SEGMENT	1	2	3	4	5	6	7	8	9	10
SPEED	1	3	4	7	3	7	4	6	4	1
INCLINE	2	3	3	5	5	6	5	5	3	1

P12

SEGMENT	1	2	3	4	5	6	7	8	9	10
SPEED	1	3	5	6	5	7	8	5	3	1
INCLINE	2	3	4	4	4	6	5	5	5	1

P13

SEGMENT	1	2	3	4	5	6	7	8	9	10
SPEED	1	3	5	8	5	8	5	8	3	1
INCLINE	1	4	7	7	5	5	4	4	3	1

P14

SEGMENT	1	2	3	4	5	6	7	8	9	10
SPEED	2	4	6	8	10	12	8	4	3	2
INCLINE	2	5	5	4	4	6	5	3	3	2

P15

SEGMENT	1	2	3	4	5	6	7	8	9	10
SPEED	2	4	8	10	12	8	12	6	6	2
INCLINE	1	1	3	4	8	6	4	5	3	1

P16

SEGMENT	1	2	3	4	5	6	7	8	9	10
SPEED	1	1	5	5	8	8	6	4	4	2
INCLINE	1	2	3	4	4	8	6	5	2	2

P17

SEGMENT	1	2	3	4	5	6	7	8	9	10
SPEED	1	4	9	4	9	4	9	4	7	1
INCLINE	1	2	3	4	4	8	6	5	2	2

P18

SEGMENT	1	2	3	4	5	6	7	8	9	10
SPEED	1	6	8	10	12	12	10	8	4	2
INCLINE	2	3	3	5	5	7	6	5	3	3

P19

SEGMENT	1	2	3	4	5	6	7	8	9	10
SPEED	3	3	6	10	15	15	10	8	4	2
INCLINE	3	4	6	6	6	6	5	5	3	2

P20

SEGMENT	1	2	3	4	5	6	7	8	9	10
SPEED	2	4	7	9	9	8	8	6	6	2
INCLINE	2	6	3	6	3	6	3	6	3	2

P21

SEGMENT	1	2	3	4	5	6	7	8	9	10
SPEED	1	5	9	12	12	12	12	8	3	1
INCLINE	3	3	5	5	7	7	6	4	3	2

P22

SEGMENT	1	2	3	4	5	6	7	8	9	10
SPEED	2	5	8	12	15	12	15	10	6	3
INCLINE	2	6	8	5	7	7	4	4	3	3

P23

SEGMENT	1	2	3	4	5	6	7	8	9	10
SPEED	1	6	8	10	12	12	10	8	4	2
INCLINE	1	6	9	6	7	7	4	6	2	1

USER

In user mode, it will display "L01" on the top right corner of screen, Press SPEED+/- key or INCLINE+/INCLINE- key to adjust speed value, Press ENTER key, It will display "L02" on the top right corner, Repeat above step to set L0 to L10, Press ENTER key again to finish one user program. User can save 3 user programs. User program can be amended. The operation for user program is as same as the fixed program.

BODY FAT

In waiting mode, it will display "FAT" on the top of screen and display "1" on the top left corner of screen, Press ENTER key to switch among FAT1(SEX: 1MALE, 2FEMALE), FAT2(AGE), FAT3(HEIGHT), FAT4(WEIGHT) ,FAT5(BODY FAT value). Press SPEED+/- key or INCLINE+/INCLINE- key to set user's sex, age, height and weight, after user finished FAT4 to enter FAT5, user hold pulse sensor and wait for about 3 seconds, it will display body fat value. When treadmill stop, key press non used over 10 minutes, treadmill will into sleep mode

Error Message

ERROR CODE

- 1: ER1: Display board didn't receive signal in 30seconds
- 2: ER3: over voltage
- 3: ER4: over current
- 4: ER5: over load
- 5: ER6: motor not connect
- 6: ER7: control board didn't receive signal
- 7: SAFE: safety protection

MAINTENANCE

Proper maintenance is very important to ensure your treadmill is always in top working condition. Improper maintenance could cause damage or shorten the life of your treadmill and exceed the LIMITED WARRANTY coverage.

1. **Important:** Never use abrasives or solvents to clean the treadmill. To prevent damage to the computer, keep liquids away and keep it out of direct sunlight.
2. Inspect and tighten all parts of the treadmill regularly. Replace any worn parts immediately

CLEANING

Routine cleaning of your treadmill will extend the product's life.

1. **Warning:** To prevent electrical shock, be sure the power to the treadmill is OFF and the power cord is unplugged from the wall electrical outlet before attempting any cleaning or maintenance.
2. **Important:** Never use abrasives or solvents to clean the treadmill. To prevent damage to the computer, keep liquids away and keep it out of direct sunlight.
3. **After each workout:** Wipe off the console and other treadmill surfaces with a clean, water dampened soft cloth to remove excess perspiration
4. **Weekly:** Use of a treadmill mat is recommended for ease of cleaning. Dirt from your shoes contacts the belt and eventually makes it to underneath the treadmill. Vacuum the underneath treadmill once a week.

BELT ADJUSTMENT:

Belt adjustment and tension performs two functions: adjustment for tension and centering. The running belt has been adjusted properly at the factory. However transportation, uneven flooring or other unpredicted reasons could cause the belt to shift off center resulting in the belt rubbing with the plastic side rail or end caps and possibly causing damage. To adjust the belt back to it proper position please follows the directions below:

1. Walking belt has shifted to the left:

First unplug the power cord from the surge protector. Using the hex key provided, turn the left rear roller adjustment bolt 1/4 turn in the clockwise direction. Plug the power cord back into the surge protector and run the treadmill at 2.5 mph. You should see the belt start to correct itself, moving back towards the center. Repeat the above procedure until the walking belt is centered. It may be necessary to set walking belt tension once you have completed this procedure if the belt feels like it is slipping while walking. Refer below to the "Walking belt slipping" instructions.

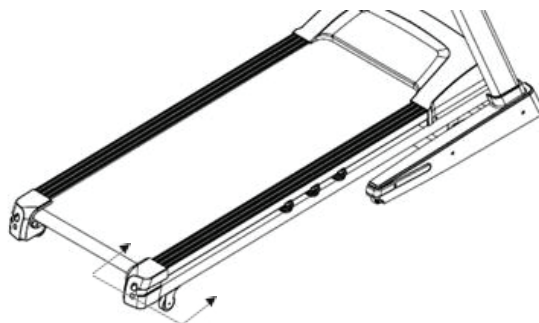
2. Walking belt has shifted to the right:

First unplug the power cord from the surge protector. Using the hex key provided, turn the right rear roller adjustment bolt 1/4 turn in the clockwise direction. Plug the power cord back into the surge protector and run the treadmill at 2.5 mph. You should see the belt start to correct itself, moving back towards the center. Repeat the above procedure until the walking belt is centered. It may be necessary to set walking belt tension once you have completed this procedure if the belt feels like it is slipping while walking. Refer below to the "Walking belt slipping" instructions.

3. Walking belt is slipping:

First unplug the power cord from the surge protector. Using the hex key provided, turn both the left and right rear roller adjustment bolts the same distance, usually a 1/4 turn in the clockwise direction. Plug the power cord back into the surge protector and run the treadmill at 2.5 mph. You should now walk on the belt to determine if the belt is still slipping. Repeat the above procedure until the walking belt is not slipping. The tension should be just tight enough not to slip.

WARNING! Do not over tighten rollers! This will cause premature roller bearing failure!



Right and left Allen bolts are located at the rear of the treadmill.

DECK LUBRICATION:

The walking belt has been pre-lubricated at the factory. However, it is recommended that the walking board be checked periodically for lubrication to ensure optimal treadmill performance. Every 3 months of operation lift the sides of the walking belt and feel the top surface of the walking board as far as you can reach. If you feel signs of silicone, no further lubrication is required. If it feels dry to the touch, follow the instructions below.

Please use Lube 'N Walk, or a non petroleum based silicone such as "Napa 8300" (available at most stores).

Frequency of use Lubricant:

Frequency of use Lubricant:

1, commercial gymnasium:

Every day uses about for 12 hours, 20 day replenishment 1 lubricating oil, each time 20 milliliters.

Every day to use about for 8 hours, 20 day replenishment 1 lubricating oil, each time 20 milliliters

Every day to use about for 4 hours, 1 month replenishment 1 lubricating oil ,each time 20 milliliters

2, the home use fitness:

Every day uses 1 hour and above, every 30 day replenishment 1 lubricating oil, each time 10-15 milliliter.

Every day uses within for 30 minutes above, 1 hour 2 month replenishment 1 lubricating oil, each time 10-15 milliliter.

Every day to use 30 minute and following, 2 month replenishment 1 lubricating oil, each time 10-15 milliliter.

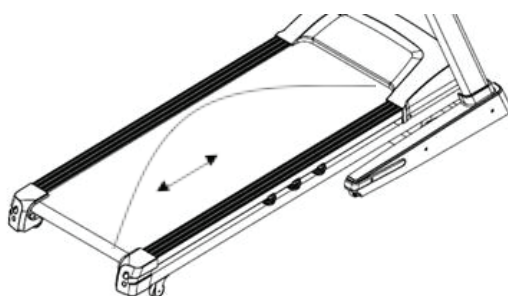
TO APPLY LUBRICANT TO THE WALKING BELT

1 Position the walking belt so that the seam is located on top and in center of the walking board.

2 Insert the spray nozzle into the spray head of the lubricant can.

3 While lifting the side of the walking belt, position the spray nozzle between the walking belt and the board approximately 6" from the front of the treadmill. Apply the silicone spray to the walking board, moving from the front of the treadmill to the rear. Repeat this on the other side of the belt. Spray approximately 4 seconds on each side.

4 Allow the silicone to "set" for 1 minute before using the treadmill.



AREMARK: When the treadmill is over load by any case, for the using safety the fuse will be broken and the power will be cut off . Change a new fuse and start again.



hattrick - pro

3300 COMMERCIAL TREADMILL

**THANK YOU FOR PREFERRING OUR PRODUCT.
WE HOPE YOU ENJOY IT**

This product you have already purchased in under the guarantee of the SPOR DÜNYASI. In case you have any problems with regard to installation or service, please do not hesitate to contact our technical service department by calling 0850 495 52 12.

Please e-mail us at info@spordunyasi.com.tr / teknikservis@spordunyasi.com.tr for all opinions, suggestions and complaints because your opinions are valuable for Spor Dünyası family.

Üretici & İthalatçı Firma Bilgileri (Manufacturer & Importer):

SPOR DÜNYASI Dış. Tic. A.Ş

Mahmutbey Mah. Turgut Cad. No:9 34217 Bağcılar / İSTANBUL

Tel: +90 212 446 94 94 Fax: +90 212 445 27 02

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