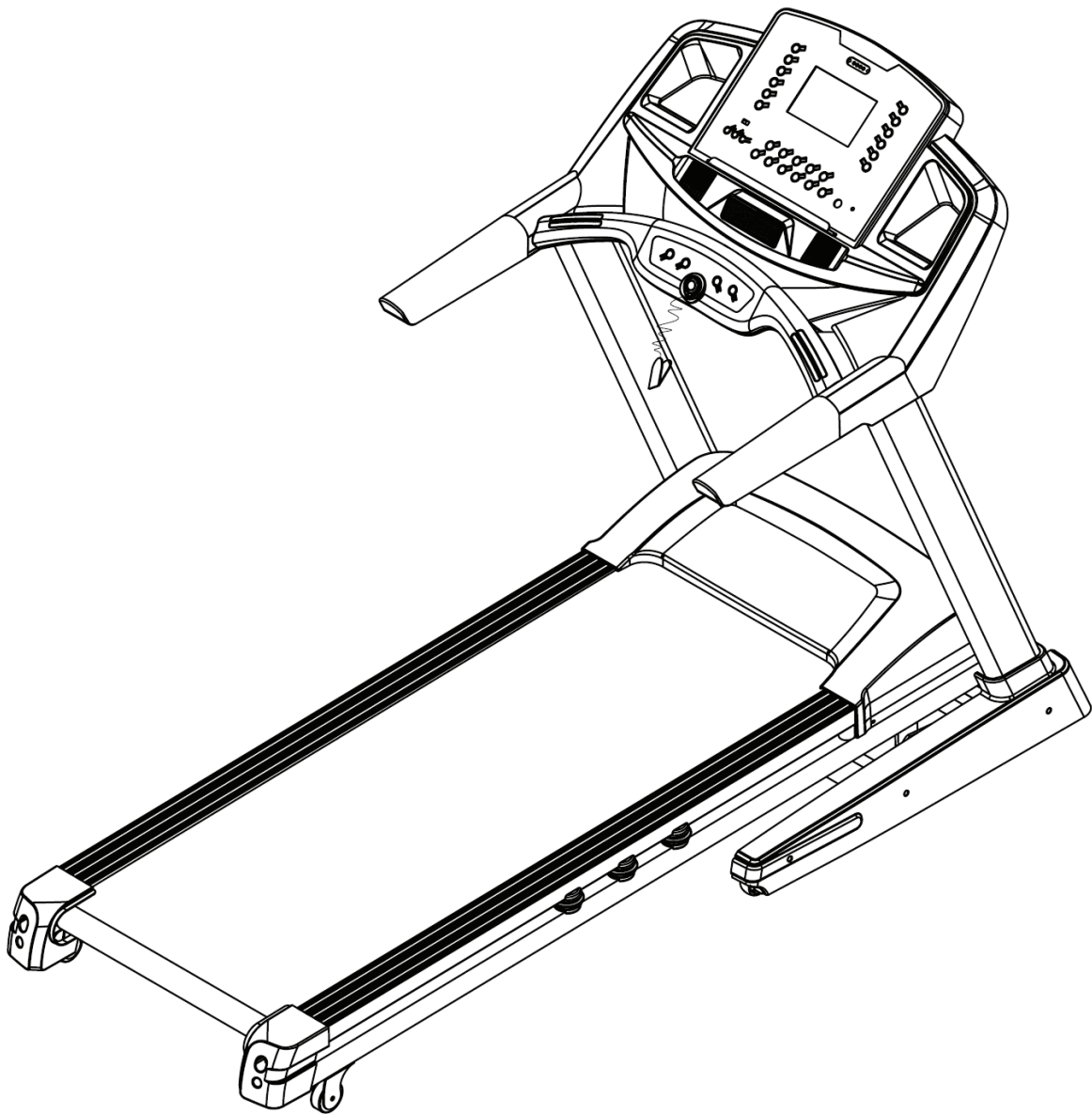




hattrick-pro

3100 COMMERCIAL TREADMILL



Cardio Series

User Manual

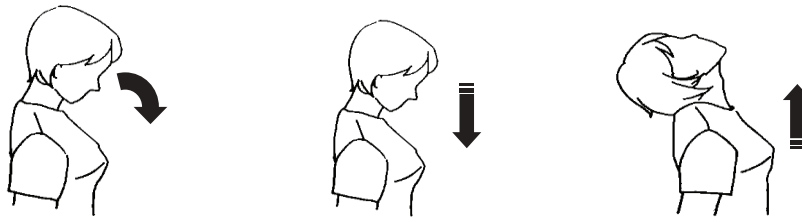
English

SAFETY GUIDELINES:

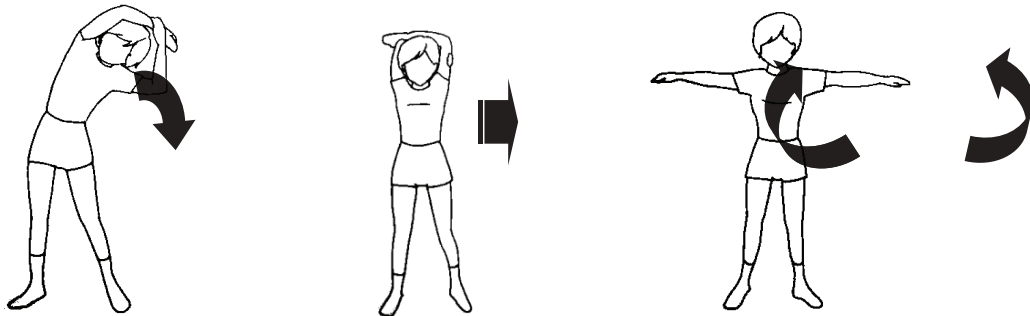
Before beginning any exercise program, you should consult with your doctor. It is recommended that you undergo a complete physical examination. Please follow the instructions:

1. Assemble and operate the treadmill on a solid, level surface
2. Keep the area behind the treadmill clear
3. The treadmill running mat will not stop immediately if any object becomes caught in the mat or rollers-IN EMERGENCY: Pull the safety key cord to remove safety key
4. Always check the treadmill before using it
5. Make sure all parts are assembled, nuts and bolts are tightened
6. Do not use the treadmill if the unit is disassembled in any way
7. When connecting the power cord, plug the power cord into a grounded circuit. No other appliance should be on the same circuit. Do not run the power cord underneath your treadmill. Do not operate the treadmill with a damaged or frayed power cord.
8. Keep hands away from moving parts
9. This equipment is for home use only. Never allow more than one person on the treadmill at a time.
10. Wear appropriate exercise clothing when using the treadmill. Do not wear loose clothing that could become caught in the treadmill. Athletic support clothes are recommended for both men and women. Always wear athletic shoes. Never use the treadmill with bare feet, wearing only stockings, or in sandals. Do not wear shoes with leather soles or high heels. Tie all long hair back
11. Do not rock the unit from side to side
12. Don't continuously use this equipment over an hour.
13. Care should be taken when mounting and dismounting the unit
14. Do not place any liquids on any part of the treadmill
15. To prevent shock, keep all electric components, such as the motor cord and switch away from water.
16. Do not use any accessories that are not specifically recommended by the manufacturer, these might cause injuries or cause the unit to fail
17. Work within your recommended exercise level, do NOT work to exhaustion
18. If you feel any pain or abnormal systems STOP YOUR WORKOUT IMMEDIATELY and consult your physician immediately
19. Turn off the treadmill while adjusting or working near the rear roller.
20. Keep one side of the magnetic safe key CLIPPING your clothes during exercising to avoid danger happening.
21. Incorrect or excessive training may lead injures.
22. This equipment is not suitable for therapeutic purposes.
23. Don't open this equipment cover to avoid damage usually.
24. Ensure the load place is level and free space at least 1m around for safe operation.
25. This equipment is not a toy. Please keep unsupervised children away from the equipment during use and when equipment is unattended.
26. Motor Power: Continue AC4 HP/Peak AC6 HP.

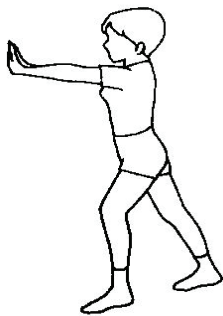
Thanks for buying our Fitness equipment,
Do some warm-up exercise before use, you'll get twice the result with half the effort. Such as follows:



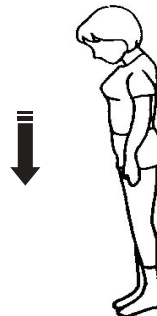
extend the neck up and down



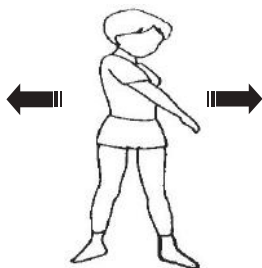
twist the waist left and right



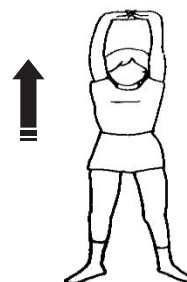
level push forwards



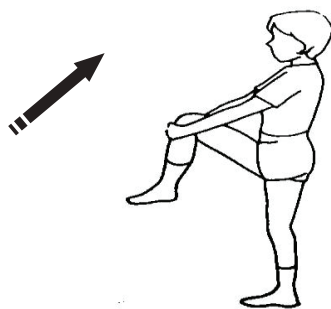
upright straighten one's back



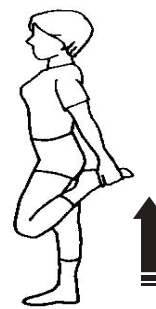
left and right poise exercise



up and down extend exercise

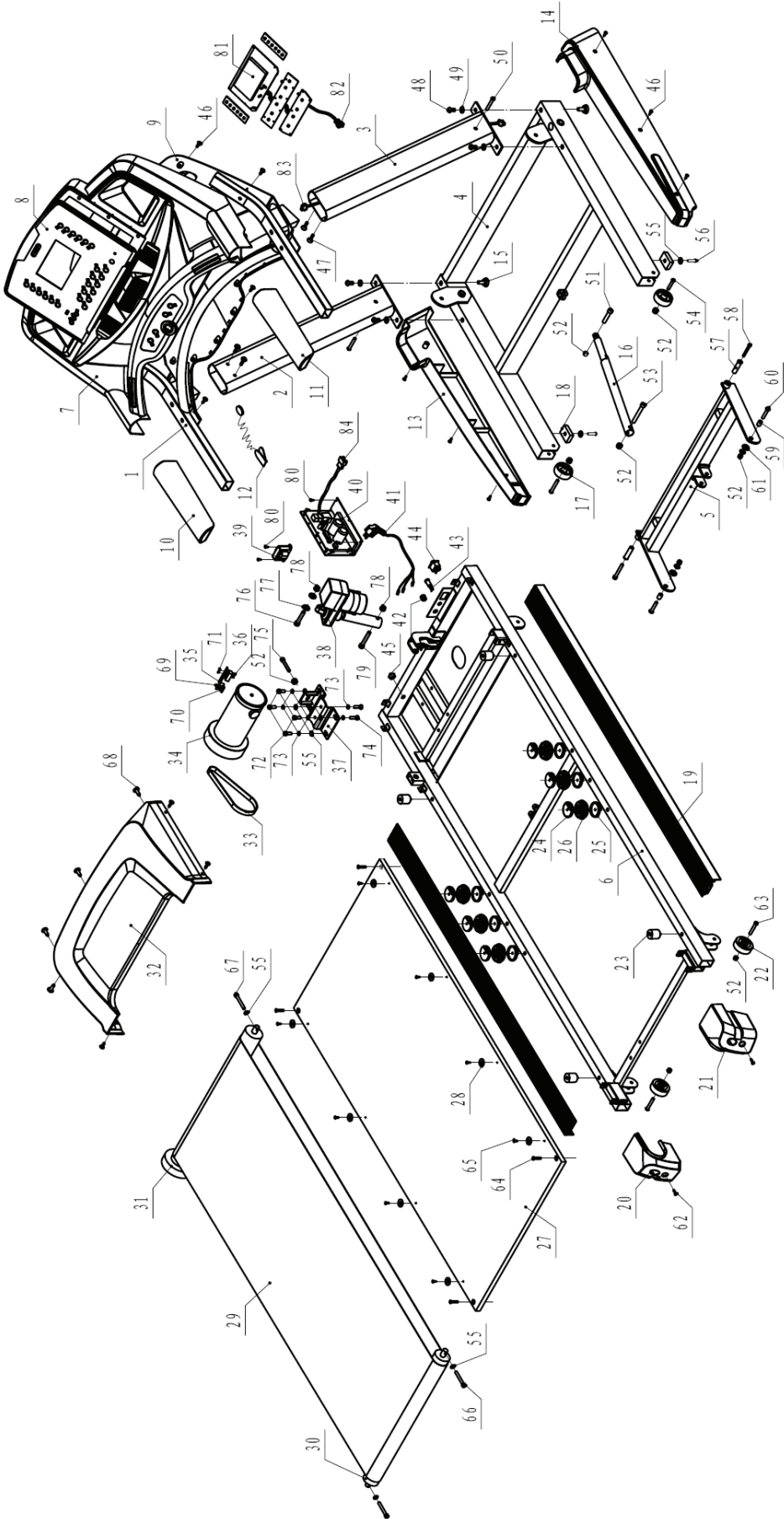


thigh extend exercise



calf extend exercise

EXPLORE DRAWING



PARTS LIST

PART NO	PART NAME	Q'TY
1	Frame of computer	1
2	Left upright	1
3	Right upright	1
4	Incline frame	1
5	Running platform	1
6	Running deck support tube	2
7	Computer top cover	1
8	Computer panel board	1
9	Computer belly pan	1
10	Left handlebar	1
11	Right handlebar	1
12	Safety Key	1
13	Incline motor	1
14	Moving wheel	2
15	Side rail	2
16	Rubber cushion of running platform	2
17	Right end cap	1
18	Left end cap	1
19	Running deck	1
20	Running belt	1
21	Rear roller	1
22	Front roller with fly wheel	1
23	Motor cover	1
24	Motor belt	1
25	Motor	1
26	Fixed board of motor	1
27	Inverter	1
28	Tube plug	1
29	Cushion of power cord	1
30	Power cord	1
31	Fuse	1
32	Power switch	1
33	4.2*15Screw	21
34	M8*20 Allen head bolt	4
35	M10*20 Allen head bolt	4
36	Φ10 Washer	12

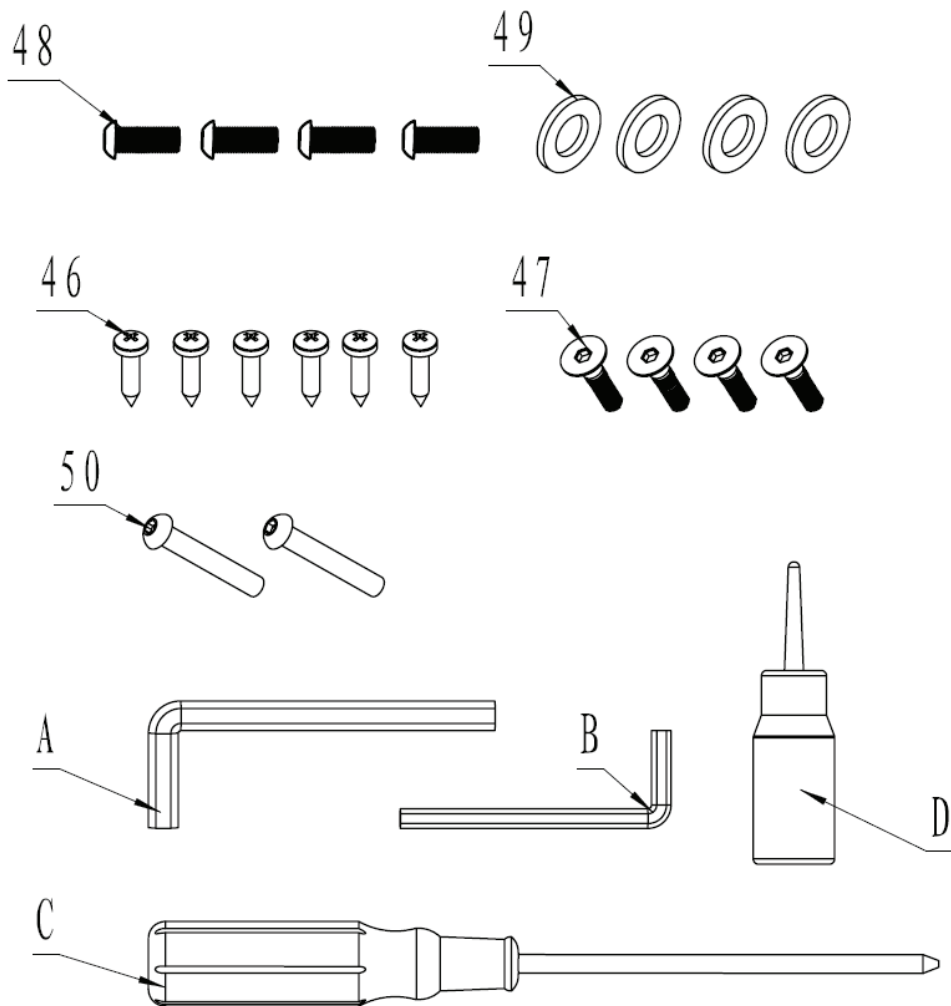
PARTS LIST

37	M10*70 Allen head bolt	2
38	M10*50 Allen head bolt	1
39	Ø10 Plastic washer	2
40	M10 Nylon nut	6
41	M10*15 Allen head bolt	2
42	Ø12 Plastic washer	2
43	M10*55 Allen head bolt	2
44	Φ16*42 Connecting shaft sleeve	2
45	M10*50 Allen head bolt	2
46	Φ16*45 Connecting shaft sleeve	2
47	ST4.2*20 Screw	2
48	Side rail cushion	8
49	ST4.2*15 Screw	14
50	M6*25 Screw	8
51	Buffered cushion of running deck	8
52	M6 Big washer	8
53	M6 Nylon nut	8
54	M8*85 Allen head bolt	3
55	Ø8 Washer	11
56	ST4.8*15 Screw	5
57	M8 Nylon nut	4
58	Ø8 Spring washer	8
59	M8*20mm Allen head bolt	8
60	ST4.2*12 Screw	4
61	Computer display	1
62	Control wire of computer	1
63	Control wire of upright	1
64	Control wire of Base frame	1

Hardware comparison chart

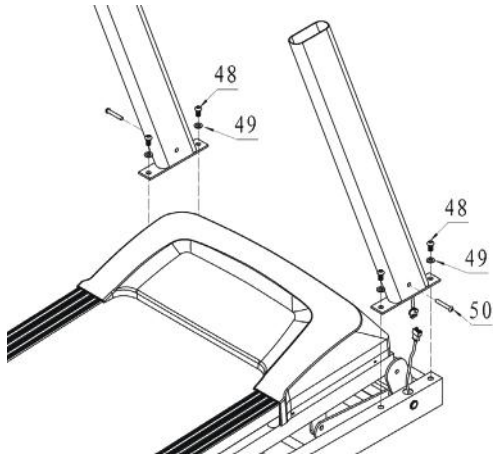
For your convenience, we have identified the hardware used in the assembly of this product. The chart below is provided to help you to identify items that may be unfamiliar to you.

NO	DESCRIPTION	QTY
46	4.2*15 Screw	6
47	M8*20 Bolt	4
48	M10*20 Allen head bolt	4
49	Φ10 Washer	4
A	6mm SOCKET HEAD WRENCH	1
B	5mm SOCKET HEAD WRENCH	1
C	SCREWDRIVER	1
D	LUBRICANT	1



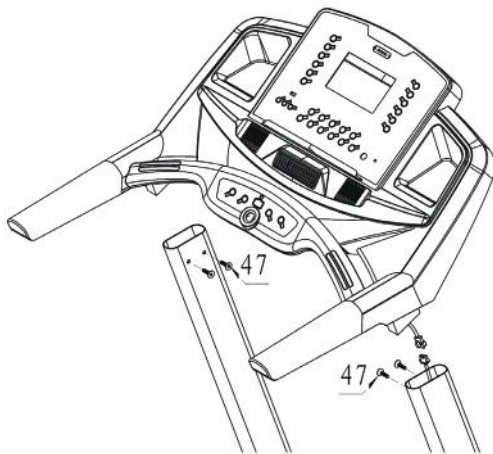
ASSEMBLING INSTRUCTIONS

WARNING: Please put on all the screws, washers and bolts then tighten them.



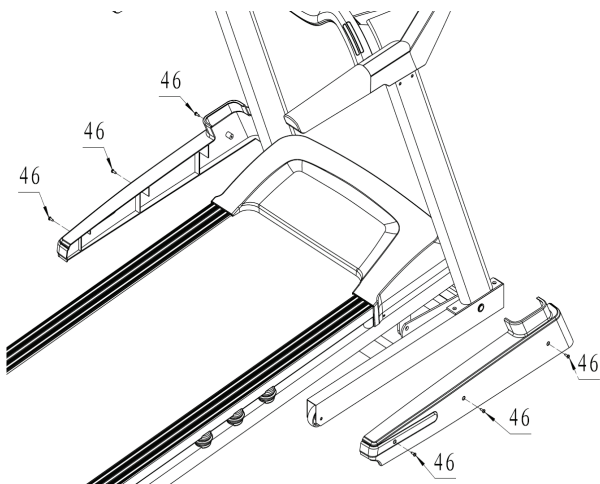
STEP 1:

First make sure to connect the Emergency Wires. Then fix the Upright onto the Base Frame with M8*55mm Allen head bolt 50, M10*20mm Allen head bolt 48 and Φ 10 washer 49.



STEP 2:

First make sure to connect computer wire. Then attach the Computer to the Upright with M8*20mm Allen head bolt 47



STEP 3:

Fix the protective cover of uprights to the base frame with ST4.2*15 Screw 46.

COMPUTER OPERATION

Panel layout



The Operation

KEY PRESS & FUNCTION

START: Presses START key to start the treadmill.

STOP: Press STOP key for two seconds to stop the treadmill but press it in two seconds to pause the treadmill.

MODE: In the waiting mode, press MODE key to change the NORMAL MODE –TIME MODE-DISTANCEMODE-CALORIESMODE-P1.....P24-HRC65%-HRC85%-USER1-USER2-USER3-USER4-NORMAL MODE.

BODY FAT: In the waiting mode, press body fat key to enter the body fat mode.

SPEED+: In the running mode, press this key to increase the speed value of 0.1km/h, press it without leaving, the speed value will increase quickly. In the waiting mode, press this key the value of flashing window will increase, press it without leaving, the value of flashing will increase quickly.

SPEED-: In the running mode, press this key to decrease the speed value of 0.1km/h, press it without leaving, the speed value will decrease quickly. In the waiting mode, press this key the value of flashing window will decrease, press it without leaving, the value of flashing will decrease quickly.

ENTER: This key is the enter key in the body fat mode and user mode.

INCLINE+: Press this key, the incline value will increase 1% in the running mode.

INCLINE-: Press this key, the incline value will decrease 1% in the running mode.

3km/h, 6km/h,9km/h,12km/h,18km/h: the shortcut key of3km/h,6km/h,9km/h,12km/h,18km.

2%,5%,7%,9%,12%,15%: The shortcut key of 2%,5%,7%,9%,12%,15%..

1) NORMAL MODE

WAITING MODE

Press START key after the countdown of 3 seconds to enter the running mode.

WINDOW DISPLAY

TIME WINDOW: Display the time value.

CALORIES WINDOW: Display the calories value.

DISTANCE WINDOW: Display the distance value.

SPEED WINDOW: Display the speed value.

INCLINE/PULSE WINDOW: Display the incline value or display the pulse value (when there is not heartbeat, it will display HP). When there is inclining, it will display incline value for 5 seconds.

RUNNING MODE

Press SPEED+/SPEED- key to set the speed of 1.0-20.0 km/h.

Press INCLINE+/INCLINE- key to set the incline of 0%-15%.

Presses START key to enter the running mode after the countdown of 3 seconds.

Press STOP key for 2 seconds to stop the treadmill but press it in two seconds to pause the treadmill.

2) COUNTDOWN MODE

WAITING MODE

3) Press MODE key to change the NORMAL MODE-TIME MODE-DISTANCE

MODE-CALOREIS MODE-P1.....P24-HRC65%-HRC85%

-USER1-USER2-USER3-USER4-NORMAL MODE in turns. The setting mode will flash.

TIME MODE

The default time is 30 minutes.

Press SPEED+/SPEED- key to adjust the target time of 10:00-99:00.

Presses START key to enter the running mode after the 3 seconds.

DISTANCE MODE

The default distance value of 5.0km.

Press SPEED+/SPEED- key to adjust the target distance of 1.0km-999.0km..

Presses START key to enter the running mode after the 3 seconds.

CALOREIS MODE

The default calories value is 100calories.

Press SPEED+/SPEED- key to adjust the target calories value of 100 calories-9900 calories.

Presses START key to enter the running mode after the 3 seconds.

DISPLAY WINDOW

TIME WINDOW: Display the time value.

CALORIES WINDOW: Display the calories value.

DISTANCE WINDOW: Display the distance value.

SPEED WINDOW: Display the speed value.

INCLINE/PULSE WINDOW: Display the incline value or display the pulse value (when there is not heartbeat, it will display HP). When there is inclining, it will display incline value for 5 seconds.

RUNNING MODE

Press SPEED+/SPEED- key to set the speed of 1.0-20.0 km/h.

Press INCLINE+/INCLINE- key to set the incline of 0%-15%.

Presses START key to enter the running mode after the countdown of 3 seconds.

Press STOP key for 2 seconds to stop the treadmill but press it in two seconds to pause the treadmill.

4) PROGRAM MODE

WAITING MODE

5) Press **MODE** key to change the NORMAL MODE-TIME MODE-DISTANCE MODE-CALORIES MODE-P1.....P24-HRC65%-HRC85%

-USER1-USER2-USER3-USER4-NORMAL MODE in turns. The setting mode will flash.

The program default time is 30 minutes.

Press SPEED+/SPEED- key to adjust the target time value of 10:00-99:00.

Press ENTER key to enter the target time and enter the setting of LEVEL.

Press INCLINE+/INCLINE – key to adjust the L1-L10.

Presses START key to enter the running mode after the countdown of 3 seconds.

RUNNING MODE

Press SPEED+/SPEED- key to setting the speed value of 1.0-20.0km/h.

Press INCLINE+/INCLINE- key to adjust the incline value of 0%-15%.

Presses START key to enter the running mode after the countdown of 3 seconds.

Press STOP key for two seconds to stop the treadmill but press it in two seconds to pause the treadmill.

When change the level, there will be BBBBB warning sounds.

Change the level according to the setting of time.

6) HRC MODE (PROGRAM19 (HRC65%), PROGRAM 20 (HRC85%))

WAITING MODE

7) Press **“MODE”** key to switch NORMAL MODE→TIME MODE→DISTANCE MODE→CALORIES MODE→P1→P2→P3→P4→P5.....→P24→HRC65%→HRC85%→USER1→USER2→USER3→USER4→NORMAL MODE. The value of selected mode will flash.

Select HRC65%, HRC85%.

Press **“SPEED+/-”** key to select age (10~70). The age window will flash.

Press **“SPEED+/-”** key to select pulse (60~200). The pulse window will flash.

Press **“START”** key to enter running mode after 3 seconds count down.

The first two seconds is warm-up state, and the speed and incline don't change.

After the warm-up, treadmill will adjust the speed or incline every 15 seconds. To adjust the incline value one time after adjusts the speed value 5 times. And the speed value will be adjusted 0.2km/hr every time.

The incline value will be adjusted 1%.

RUNNING MODE

Press **“SPEED+/-”** key to set the speed. (1-20.0km/hr)

Press **“INCLINE+/-”** key to adjust INCLINE. (0~15%)

Press **“START”** key to enter running mode after 3 seconds count down.

Press **“STOP”** key to pause the treadmill in two seconds, but press it for two seconds to stop the treadmill and all data will be cleaned to 0. Treadmill will return to waiting mode.

8) BODY FAT MODE

WAITING MODE

Press the BODY FAT key to enter the BODY FAT mode. The AGE display will flash.

Use the "SPEED+/SPEED-" key to select your age value. Press ENTER key to confirm. The HEIGHT will flash.

Use the "SPEED+/SPEED-"key to select your height. Press ENTER key to confirm. The WEIGHT will flash.

Use the "SPEED+/SPEED-"key to select your weight. Press ENTER key to confirm. The FEMALE will flash.

Use the "SPEED+/SPEED-"key to select your sex. Press ENTER key to confirm.

Your BODY FAT result will be display on the console.

MODE-CALOREIS

MODE-P1.....P24-HRC65%-HRC85%USER1-USER2-USER3-USER4-NORMAL MODE in turns. The setting mode will flash.

Choose the USER1-USER4.

The default time of USER is 30 minutes.

Press SPEED+/SPEED- key to adjust the target time of 10:00-99:00.

Press ENTER key to enter the setting of every level. Press SPEED+/SPEED- to adjust the speed value and INCLINE +/INCLINE- key to adjust the incline value.

Press ENTER key every time to store the last setting value of level and enter the next setting value of level.

Press "START" key to enter running mode after 3 seconds count down.

RUNNING MODE

Press SPEED+/SPEED- key to set the speed value of 1.0-20.0km/h.

Press INCLINE+/INCLINE- key to adjust the incline value of 0%-15%.

Presses START key to enter the running mode after the countdown of 3 seconds.

Press STOP key for two seconds to stop the treadmill but press it in two seconds to pause the treadmill.

When change the level, there will be BBBBB warning sounds.

Change the level according to the setting of time.

OTHER INSTRUCTION

1) In case of accident in the running state, please press STOP key for two seconds, the treadmill will stop and the incline value will be 0%.

2) In the running state, pull out the safety key, the treadmill will stop and display "-----".

3) When there is ERROR, It will display ERROR MESSAGE NUMBER

4)When change the level, there is BBB warning sounds except in the PROGRAM MODE and USER MODE.

5)There is BBB warning sounds in the HRC MODE, when you adjust speed/incline every time.

PROGRAM

	P1		P2		P3		P4		P5		P6	
	SPD	INC	SPD	INC	SPD	INC	SPD	INC	SPD	INC	SPD	INC
1	2	1	2	7	3	2	1	2	1	2	1	2
2	3	1	2	7	3	2	5	2	1	3	1	2
3	3	1	4	6	3	3	9	3	5	4	9	3
4	4	2	4	6	5	4	1	3	5	5	9	3
5	4	2	6	5	7	5	5	2	1	3	9	2
6	5	2	6	5	9	6	9	2	1	4	1	2
7	5	3	8	4	11	6	1	3	9	5	1	3
8	6	3	8	4	9	5	5	3	9	6	9	3
9	6	3	8	3	7	4	9	2	1	4	9	2
10	7	3	10	3	5	3	1	2	1	5	9	2
11	7	4	10	2	3	2	5	3	5	6	1	3
12	8	4	10	2	5	3	9	3	5	7	1	3
13	8	4	12	3	7	4	1	2	1	5	9	4
14	9	5	12	3	9	5	5	2	1	6	9	4
15	9	5	12	4	11	6	9	3	9	7	9	5
16	8	5	12	4	9	6	1	3	9	8	1	5
17	8	5	12	3	7	5	5	2	1	7	1	6
18	7	4	10	3	5	4	9	2	1	6	9	6
19	7	4	10	2	3	3	1	3	5	5	9	7
20	6	4	10	2	5	2	5	3	5	4	9	7
21	6	3	8	3	7	3	9	2	1	6	1	6
22	5	3	8	3	9	4	1	2	1	5	1	6
23	5	3	8	4	11	5	5	3	9	4	9	5
24	4	3	6	4	9	6	9	3	9	3	9	5
25	4	2	6	3	7	6	1	2	1	5	9	4
26	3	2	6	3	5	5	5	2	1	4	1	4
27	3	2	4	2	3	4	9	3	5	3	1	3
28	2	1	4	2	3	3	1	3	5	2	9	3
29	2	1	2	1	3	2	5	2	1	1	9	3
30	2	1	2	1	3	2	9	2	1	1	9	3

PROGRAM

	P7		P8		P9		P10		P11		P12	
	SPD	INC	SPD	INC	SPD	INC	SPD	INC	SPD	INC	SPD	INC
1	1	2	3	2	1	2	1	2	1	2	2	1
2	3	2	3	2	1	2	1	2	1	3	2	1
3	5	2	3	4	1	6	1	2	1	4	2	2
4	7	2	9	4	3	6	3	3	1	5	5	2
5	9	4	9	2	3	6	3	3	1	4	5	2
6	1	4	3	2	3	6	3	3	3	3	5	3
7	3	4	3	4	3	6	5	4	3	2	5	3
8	5	4	3	4	1	6	5	4	3	3	7	3
9	7	6	9	6	1	5	5	4	3	4	7	4
10	9	6	9	6	1	5	5	5	3	5	7	4
11	1	6	3	4	5	5	7	6	3	6	7	4
12	3	6	3	4	5	4	7	7	3	5	7	5
13	5	8	3	2	5	4	7	8	9	4	9	5
14	7	8	9	2	5	4	7	9	9	3	9	5
15	9	8	9	4	5	3	10	9	9	2	9	5
16	1	8	3	4	1	3	10	10	9	3	9	4
17	3	6	3	6	1	2	10	9	9	4	7	4
18	5	6	3	6	1	2	10	8	9	5	7	4
19	7	6	9	8	9	3	5	7	9	6	9	5
20	9	6	9	8	9	3	5	6	9	7	9	5
21	1	4	3	6	9	4	5	5	9	6	9	4
22	3	4	3	6	9	4	7	5	9	5	7	4
23	5	4	3	4	9	3	7	4	7	4	7	4
24	7	4	9	4	9	3	7	4	7	3	7	3
25	9	2	9	2	1	2	7	3	7	2	5	3
26	1	2	3	2	1	2	5	3	7	3	5	3
27	3	2	3	4	1	3	5	2	7	4	5	2
28	5	2	3	4	1	3	5	2	7	3	5	2
29	7	2	9	2	1	2	1	1	7	2	2	2
30	9	2	9	2	1	2	1	1	7	2	2	2

PROGRAM

	P13		P14		P15		P16		P17		P18	
	SPD	INC	SPD	INC	SPD	INC	SPD	INC	SPD	INC	SPD	INC
1	3	1	2	3	2	1	6	4	6	5	4	1
2	3	1	2	3	2	1	6	3	6	5	4	6
3	3	2	2	5	2	1	6	4	6	5	4	1
4	5	3	6	5	7	5	7	5	7	5	7	6
5	5	4	6	1	7	1	7	6	7	6	7	1
6	5	5	6	1	7	5	7	5	7	6	7	6
7	5	6	6	1	11	1	11	4	12	6	10	1
8	5	5	6	2	11	5	11	3	12	6	10	6
9	5	2	6	2	11	1	11	2	12	5	10	1
10	10	5	6	2	4	5	10	3	10	5	8	6
11	10	2	6	6	4	1	10	4	10	5	8	5
12	10	6	6	6	4	6	10	5	10	5	8	4
13	5	6	6	3	4	2	3	6	12	4	4	3
14	5	3	6	3	4	6	3	7	12	4	4	2
15	5	3	6	5	4	2	3	6	12	4	4	1
16	10	5	12	5	11	6	3	5	4	4	2	6
17	10	5	12	4	11	2	3	5	4	3	2	1
18	10	2	12	4	11	5	3	4	4	3	2	6
19	5	2	6	3	11	1	11	4	12	3	12	1
20	5	1	6	5	11	5	11	3	12	3	12	6
21	5	1	6	1	11	1	11	3	12	2	12	1
22	5	1	10	2	4	5	11	2	12	2	8	2
23	5	2	10	3	4	1	11	2	12	2	8	3
24	5	3	10	4	4	6	11	2	12	2	8	4
25	3	4	5	5	4	2	11	1	3	2	3	5
26	3	5	5	6	4	6	11	1	3	3	3	6
27	3	6	5	5	4	2	11	1	3	4	3	1
28	3	5	5	4	2	6	3	2	3	2	3	6
29	3	4	5	3	2	2	3	3	3	3	3	1
30	3	3	5	2	2	2	3	4	3	4	3	6

PROGRAM

	P19		P20		P21		P22		P23		P24	
	SPD	INC	SPD	INC	SPD	INC	SPD	INC	SPD	INC	SPD	INC
1	4	6	2	7	5	4	5	8	4	1	4	3
2	4	6	2	6	5	4	5	7	4	3	4	3
3	4	5	2	5	5	4	5	7	4	5	4	1
4	2	5	5	4	7	5	7	6	5	7	5	1
5	2	4	5	3	7	6	7	6	5	9	5	1
6	2	4	5	2	7	7	7	5	5	1	5	1
7	7	3	8	1	12	6	12	5	7	3	7	4
8	7	3	8	1	12	7	12	4	7	5	7	4
9	7	2	8	2	12	4	12	4	7	7	7	1
10	3	2	12	3	10	3	10	3	9	9	10	1
11	3	1	12	4	10	2	10	3	9	7	10	1
12	3	1	12	5	10	1	10	2	9	5	10	1
13	3	1	12	4	12	2	12	2	6	3	7	5
14	3	1	12	3	12	3	12	1	6	1	7	5
15	3	1	12	2	12	4	12	1	6	9	7	1
16	10	1	12	1	3	4	12	1	9	7	10	1
17	10	1	12	2	3	4	12	1	9	5	10	1
18	10	1	12	3	3	5	12	2	9	3	10	1
19	8	1	6	4	3	6	4	2	6	1	7	6
20	8	1	6	5	3	7	4	3	6	3	7	6
21	8	2	6	4	3	6	4	3	6	5	7	1
22	6	2	4	3	6	5	4	4	10	7	11	1
23	6	3	4	2	6	4	4	4	10	9	11	1
24	6	3	4	1	6	3	4	5	10	7	11	1
25	3	4	4	2	3	2	4	5	7	5	8	7
26	3	4	4	3	3	1	4	6	7	3	8	7
27	3	5	4	4	3	2	4	6	7	1	8	1
28	3	5	2	5	4	3	9	7	3	3	3	1
29	3	6	2	6	4	4	9	7	3	5	3	1
30	3	6	2	7	4	4	9	8	3	7	3	1

	User1		User2		User3		User4	
	SPD	INC	SPD	INC	SPD	INC	SPD	INC
1	5	5	6	6	7	7	8	8
2	5	5	6	6	7	7	8	8
3	5	5	6	6	7	7	8	8
4	5	5	6	6	7	7	8	8
5	5	5	6	6	7	7	8	8
6	5	5	6	6	7	7	8	8
7	5	5	6	6	7	7	8	8
8	5	5	6	6	7	7	8	8
9	5	5	6	6	7	7	8	8
10	5	5	6	6	7	7	8	8
11	5	5	6	6	7	7	8	8
12	5	5	6	6	7	7	8	8
13	5	5	6	6	7	7	8	8
14	5	5	6	6	7	7	8	8
15	5	5	6	6	7	7	8	8
16	5	5	6	6	7	7	8	8
17	5	5	6	6	7	7	8	8
18	5	5	6	6	7	7	8	8
19	5	5	6	6	7	7	8	8
20	5	5	6	6	7	7	8	8
21	5	5	6	6	7	7	8	8
22	5	5	6	6	7	7	8	8
23	5	5	6	6	7	7	8	8
24	5	5	6	6	7	7	8	8
25	5	5	6	6	7	7	8	8
26	5	5	6	6	7	7	8	8
27	5	5	6	6	7	7	8	8
28	5	5	6	6	7	7	8	8
29	5	5	6	6	7	7	8	8
30	5	5	6	6	7	7	8	8

LEVEL2 is previous program value increasing 1.0km/hr
 LEVEL3 is LEVEL2 value increasing 1.0km/hr
 LEVEL4 is LEVEL3 value increasing 1.0km/hr
 LEVEL5 is LEVEL4 value increasing 1.0km/hr
 LEVEL6 is LEVEL5 value increasing 1.0km/hr
 LEVEL7 is LEVEL6 value increasing 1%
 LEVEL8 is LEVEL7 value increasing 1%
 LEVEL9 is LEVEL8 value increasing 1%
 LEVEL10 is LEVEL9 value increasing 1%

Error Message

Error	Specification	Treatment
Error1	Connect error between panel and controller	Check that the lines between console and driver are connected or not.
Error2	Error on motor/MOS crash	Check that the line to motor is connected or not.
Error3	Error on speed sensor line/Un-work of walking belt.	Check that the walking belt is stocked or stopped by the others. Check that the speed sensor line is connected or not. Check the placement of sensor or the photo disk is correct or not.
Error4	Binding of RELAY	Replace the device.
Error5	Over-current of the driver	Check the device is overloading or not.
Error6	Speed is too fast or too slow	

MAINTENANCE

Proper maintenance is very important to ensure your treadmill is always in top working condition. Improper maintenance could cause damage or shorten the life of your treadmill and exceed the LIMITED WARRANTY coverage.

- 1. Important:** Never use abrasives or solvents to clean the treadmill. To prevent damage to the computer, keep liquids away and keep it out of direct sunlight.
- 2.** Inspect and tighten all parts of the treadmill regularly. Replace any worn parts immediately

CLEANING

Routine cleaning of your treadmill will extend the product's life.

- 1. Warning:** To prevent electrical shock, be sure the power to the treadmill is OFF and the power cord is unplugged from the wall electrical outlet before attempting any cleaning or maintenance.
- 2. Important:** Never use abrasives or solvents to clean the treadmill. To prevent damage to the computer, keep liquids away and keep it out of direct sunlight.
- 3. After each workout:** Wipe off the console and other treadmill surfaces with a clean, water dampened soft cloth to remove excess perspiration
- 4. Weekly:** Use of a treadmill mat is recommended for ease of cleaning. Dirt from your shoes contacts the belt and eventually makes it to underneath the treadmill. Vacuum the underneath treadmill once a week.

DECK LUBRICATION:

The walking belt has been pre-lubricated at the factory. However, it is recommended that the walking board be checked periodically for lubrication to ensure optimal treadmill performance. Every 3 months of operation lift the sides of the walking belt and feel the top surface of the walking board as far as you can reach. If you feel signs of silicone, no further lubrication is required. If it feels dry to the touch, follow the instructions below.

Please use Lube 'N Walk, or a non petroleum based silicone such as "Napa 8300" (available at most stores).

Frequency of use Lubricant:

Frequency of use Lubricant:

1, commercial gymnasium:

Every day uses about for 12 hours, 20 day replenishment 1 lubricating oil, each time 20 milliliters.

Every day to use about for 8 hours, 20 day replenishment 1 lubricating oil, each time 20 milliliters

Every day to use about for 4 hours, 1 month replenishment 1 lubricating oil ,each time 20 milliliters

2, the home use fitness:

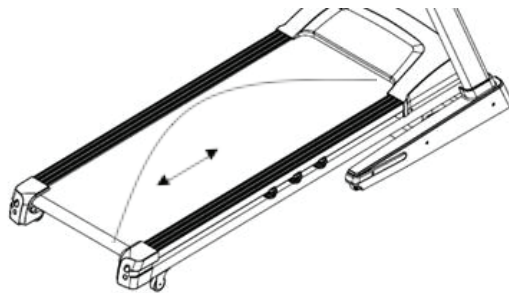
Every day uses 1 hour and above, every 30 day replenishment 1 lubricating oil, each time 10-15 milliliter.

Every day uses within for 30 minutes above, 1 hour 2 month replenishment 1 lubricating oil, each time 10-15 milliliter.

Every day to use 30 minute and following, 2 month replenishment 1 lubricating oil, each time 10-15 milliliter.

TO APPLY LUBRICANT TO THE WALKING BELT

- 1 Position the walking belt so that the seam is located on top and in center of the walking board.
- 2 Insert the spray nozzle into the spray head of the lubricant can.
- 3 While lifting the side of the walking belt, position the spray nozzle between the walking belt and the board approximately 6" from the front of the treadmill. Apply the silicone spray to the walking board, moving from the front of the treadmill to the rear. Repeat this on the other side of the belt. Spray approximately 4 seconds on each side.
- 4 Allow the silicone to "set" for 1 minute before using the treadmill.



AREMARK: When the treadmill is over load by any case, for the using safety the fuse will be broken and the power will be cut off . Change a new fuse and start again.

BELT ADJUSTMENT:

Belt adjustment and tension performs two functions: adjustment for tension and centering. The running belt has been adjusted properly at the factory. However transportation, uneven flooring or other unpredicted reasons could cause the belt to shift off center resulting in the belt rubbing with the plastic side rail or end caps and possibly causing damage. To adjust the belt back to it proper position please follows the directions below:

1. Walking belt has shifted to the left:

First unplug the power cord from the surge protector. Using the hex key provided, turn the left rear roller adjustment bolt 1/4 turn in the clockwise direction. Plug the power cord back into the surge protector and run the treadmill at 2.5 mph. You should see the belt start to correct itself, moving back towards the center. Repeat the above procedure until the walking belt is centered. It may be necessary to set walking belt tension once you have completed this procedure if the belt feels like it is slipping while walking. Refer below to the “Walking belt slipping” instructions.

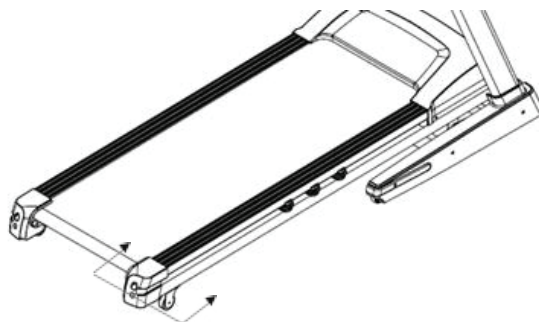
2. Walking belt has shifted to the right:

First unplug the power cord from the surge protector. Using the hex key provided, turn the right rear roller adjustment bolt 1/4 turn in the clockwise direction. Plug the power cord back into the surge protector and run the treadmill at 2.5 mph. You should see the belt start to correct itself, moving back towards the center. Repeat the above procedure until the walking belt is centered. It may be necessary to set walking belt tension once you have completed this procedure if the belt feels like it is slipping while walking. Refer below to the “Walking belt slipping” instructions.

3. Walking belt is slipping:

First unplug the power cord from the surge protector. Using the hex key provided, turn both the left and right rear roller adjustment bolts the same distance, usually a 1/4 turn in the clockwise direction. Plug the power cord back into the surge protector and run the treadmill at 2.5 mph. You should now walk on the belt to determine if the belt is still slipping. Repeat the above procedure until the walking belt is not slipping. The tension should be just tight enough not to slip.

WARNING! Do not over tighten rollers! This will cause premature roller bearing failure!



Right and left Allen bolts are located at the rear of the treadmill.



hattrick - pro

3100 COMMERCIAL TREADMILL

**THANK YOU FOR PREFERRING OUR PRODUCT.
WE HOPE YOU ENJOY IT**

This product you have already purchased in under the guarantee of the SPOR DÜNYASI. In case you have any problems with regard to installation or service, please do not hesitate to contact our technical service department by calling 0850 495 52 12.

Please e-mail us at info@spordunyasi.com.tr / teknikservis@spordunyasi.com.tr for all opinions, suggestions and complaints because your opinions are valuable for Spor Dünyası family.

Üretici & İthalatçı Firma Bilgileri (Manufacturer & Importer):

SPOR DÜNYASI Dış. Tic. A.Ş

Mahmutbey Mah. Turgut Cad. No:9 34217 Bağcılar / İSTANBUL

Tel: +90 212 446 94 94 Fax: +90 212 445 27 02

info@spordunyasi.com.tr

www.spordunyasi.com.tr